



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

In A Straight Way

Advancing in a straight way without hindrance,
On our own, we develop our wisdom and awaken our consciousness,
Practicing in common, we reach harmony and progress together,
Within order, we return to our pure origin and eradicate our greediness.

Vi Kien

Baby Tam Talking To You

From 14 November to 20 November 1998

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Why do we have success and failure in this earthly world?*
- 2) *Does human knowledge have limits?*
- 3) *Is it according to the Law of Heaven that an aging father must die?*
- 4) *Where does the foundation of Tao reside and how can we know about it clearly?*
- 5) *Why do we need to "pay homage to Buddha" when we enter the state of meditative contemplation for soul travel?*
- 6) *What are wrongdoings?*
- 7) *What is necessary for the mind and body?*



Atlantic City, 14 November 1998 9:00 AM

Q: Why do we have success and failure in this earthly world?

A: According to the law of karmic retribution, we must harvest clear consequences from our karmic deeds. When we harbor evil thoughts about someone, we will become more evil as a consequence. When we take in evil thoughts in our mind, we will have to bear all the bad results. It is similar to being battered by ocean waves; eventually the boat will have to sink down. We will not be able to escape the misfortunes and adversities that we have created on our own.

Psalm

*When the seed is evil, the fruit will be very bitter,
Unable to liberate ourselves, we will only torment
ourselves on our own,
In our present life, bad luck will cause terrible
misfortunes,
Abandoning ourselves, we will commit sins and suffer
every day.*

Atlantic City, 15 November 1998 5:45 AM

Q: Does human knowledge have limits?

A: Human knowledge has limits according to each person's existing level. A person who practices has a different knowledge than a person who reads books. They all learn in accordance with their karmic opportunities. We should not nurture our darkness, and wrongly believe that we have gained knowledge. Circumstances are our teacher. As we live till an advanced age, we will understand ourselves better. Our age does not allow us to theorize. Only by practicing a spiritual method will we avoid suffering, humiliation, and sadness in the future: living like monks, suffering like prisoners, and only discovering our ignorance when we grow old. During our whole lifetime, we live through ups and downs and face misfortunes without knowing how to save ourselves.

Psalm

*Karmic forces drag us around to become flexible and
more well-rounded,
As things come and go, we remain on the same
beaten path,
Why can't we understand that we have come to earth
empty-handed,
Having broken the law of Heaven, we still cling to wife
and children.*

Atlantic City, 16 November 1998 7:20 AM

Q: Is it according to the Law of Heaven that an aging father must die?

A: An aging and frail father must die. This is according to the law of Heaven. When we have enjoyed all the good fortune of previous lifetimes, we have to depart in a light and pure manner. When we are in harmony with the law of cause and effect, our souls will be able to evolve toward the higher spheres.

Psalm

*We dare not forget to learn and train ourselves
continuously,
With perseverance, strength and courage, we return to
our roots,
With a sincere heart, we will receive the blissful
guidance of Heaven,
Leaving this earth, we will cultivate ourselves
spiritually with our own efforts to see clearly the
foundation of Tao.*

Atlantic City, 17 November 1998 9:45 AM

Q: Where does the foundation of Tao reside and how can we know about it clearly?

A: The foundation of Tao means we have achieved a complete equilibrium for both our mind and body, and we are constantly well balanced within purity and lightness.

Psalm

*Free of infatuation and illusions, we are free of errors,
Learning about compassion, we understand the deep
principle,
With an awakened consciousness and a sincere heart,
our consciousness understands the Tao clearly,
Achieving equilibrium, we awaken our consciousness
and research on our own.*

Atlantic City, 18 November 1998 3:15 AM

Q: Why do we need to “pay homage to Buddha” when we enter the state of meditative contemplation for soul travel?

A: We pay homage to Buddha when we enter the state of meditative contemplation for soul travel so that we can learn about compassion and receive compassion. Our whole body will be pure and light, and we will resolutely abandon sorrow, worries, and wrongdoings.

Psalm

*Compassion is truly the teacher to provide spiritual guidance,
Evolving continuously, we awaken our consciousness to enter,
Our clear and wise mind clearly distinguishes the path of righteous knowledge,
Practicing within sincerity, we do not act carelessly.*

Atlantic City, 19 November 1998 3:40 AM

Q: What are wrongdoings?

A: Wrongdoings are matters that are not necessary for our mind and body, and would only cause bad habits.

Psalm

*Forcing oneself to do everything quickly,
One does not accept suffering and hardship, and has difficulty to see the marvelous dharma,
Awakening our true soul, we should cultivate ourselves spiritually and advance on our own
Explaining clearly, we will understand in depth.*

Atlantic City, 20 November 1998 6:25 AM

Q: What is necessary for the mind and body?

A: The necessary thing for both our mind and body is to turn our heart toward purity and lightness to build our life in a positive way. This will create a good habit so that our soul will evolve more easily.

Psalm

*Practicing in a righteous manner, we will advance more rapidly,
Untying our karmic knots, we will develop ourselves in all domains,
Whether life or death, our mind is no longer agitated,
With a sincere heart, we devote ourselves to spiritual perfection and correcting our mistakes to return to purity.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master’s teaching. A final edited version will be formally published at a later date.