



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Awakening Our Consciousness

How beautiful is the opportunity to awaken our own consciousness,
Let's practice within sincerity to return to our unique origin,
Resolving obstacles on both earthly and spiritual paths, we reach
equilibrium,
Developing ourselves continuously, we will advance with our own
efforts.
Vi Kien

Baby Tam Talking To You

From 26 December 1998 to 01 January 1999

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) What brings the good opportunity to be reunited?
- 2) What does it mean, "To follow God's will to survive"?
- 3) What will result from people's hatred and resentment?
- 4) What should we do when we cannot develop our cranial psychic center?
- 5) Where does the boundary of Buddha and Heaven reside?
- 6) Why do earthly people like to celebrate birthdays?
- 7) A good opportunity has arrived; a New Year has come and will slowly proceed within serenity. Why does everyone have to grow older with time?



<p>Montreal, 26 December 1998 8:07 AM</p> <p>Q: <i>What brings the good opportunity to be reunited?</i></p> <p>A: The good opportunity to be reunited comes from the benevolent hearts of both sides who truly love and remember each other.</p>	<p><u>Psalm</u></p> <p><i>Turned toward our spiritual consciousness, we feel profound affection and advance spiritually, Learning and training ourselves incessantly, we surmount obstacles and advance on our own, With a balanced spiritual consciousness, we have now achieved awakening, Expanding our compassionate heart, we feel neither sorrow nor worries.</i></p>
<p>Montreal, 27 December 1998 2:56 AM</p> <p>Q: <i>What does it mean, "To follow God's will to survive"?</i></p> <p>A: To follow God's will to survive means to act in accordance with God's love, so that we may advance together. Only then will we liberate our souls.</p>	<p><u>Psalm</u></p> <p><i>In harmony with Heaven and reaching equilibrium, our energy is lively and beautiful, With a wise mind and a clear judgment, we understand both earthly and spiritual matters clearly, With an awakened consciousness, we practice sincerely to advance eternally in unison, Maintaining our perseverance, we are not discouraged and advance in all domains.</i></p>
<p>Montreal, 28 December 1998 7:49 AM</p> <p>Q: <i>What will result from people's hatred and resentment?</i></p> <p>A: People's hatred and resentment will result in the self-destruction of both their mind and body. Consequently, they will suffer from an incurable disease and will have to die (leave this earth) accordingly.</p>	<p><u>Psalm</u></p> <p><i>Hatred and resentment rage and destroy mind and body, With a disturbed internal system, one will deteriorate slowly, With a restless nervous system, one is unable to reach harmony, Causing agitation, one's consciousness will suffer and one will advance on the wrong path on one's own.</i></p>
<p>Montreal, 29 December 1998 4:32 AM</p> <p>Q: <i>What should we do when we cannot develop our cranial psychic center?</i></p> <p>A: When we cannot develop our cranial psychic center, we will feel lonely and aimless. We lack life energy, naturalness, and spontaneity.</p>	<p><u>Psalm</u></p> <p><i>When our head is irritated, we have difficulty to practice and devote ourselves to spiritual perfection, Let's rectify our mind and body to reduce our blindness, Unaffected by heat and sun, we return to our unique origin, Correcting ourselves with sincerity, we lead a tranquil and leisurely life.</i></p>

<p>Montreal, 30 December 1998 6:00 AM</p> <p>Q: <i>Where does the boundary of Buddha and Heaven reside?</i></p> <p>A: The boundary of Buddha and Heaven resides in the force between extreme purity and extreme serenity.</p>	<p>Psalm</p> <p><i>Practicing with courage and strength, we will attain lucidity on our own, Let's practice within sincerity in accordance with divine destiny,</i></p> <p><i>When we practice with diligence and sincerity, our consciousness will attain knowledge regularly, Achieving a true consciousness, we cultivate ourselves spiritually to achieve self-liberation.</i></p>
<p>Montreal, 31 December 1998 7:40 AM</p> <p>Q: <i>Why do earthly people like to celebrate birthdays?</i></p> <p>A: People like to remember the time they were born in purity and lightness, because earthly matters usually involve heavy and impure entanglements.</p>	<p>Psalm</p> <p><i>The earthly world has strong earthly attractions leading to agitation, Traversing sufferings and adversities, one runs one full circle,</i></p> <p><i>Life is temporary; Let's awake our soul to devote ourselves to spiritual perfection and self-progress, The noble heaven bestows its blessings to illuminate our aura.</i></p>
<p>Montreal, 1 January 1999 5:16 AM</p> <p>Q: <i>A good opportunity has arrived, a New Year has come and will slowly proceed within serenity. Why does everyone have to grow older with time?</i></p> <p>A: The law of birth, aging, illness, and death must exist. The good spiritual opportunity will come back. For a spiritual adept who learns patience and harmony, there is neither compatibility nor incompatibility.</p>	<p>Psalm</p> <p><i>Void of incompatibility and compatibility, we realize human harmony, With a clear mind and a wise heart, we will traverse the obstacles,</i></p> <p><i>Our soul will develop on both earthly and spiritual paths, As our soul develops, we are conscious to live under the same roof.</i></p>



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.