



The Life Energy Development Weekly

21 December 2008

Email: huemai00@gmail.com
www.vovinet.org

Published in concurrence with *The Viet LED Weekly 702*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Self-Awakening

Practicing with diligence and a sincere heart, we open our spiritual
consciousness and achieve clarity of mind on our own,
Continually occurring adversities cause transformations in our spiritual
journey,
Facing difficulties and suffering with equanimity, we advance within
flexibility,
The benevolent dharma welcomes the pure and wise soul.
Vi Kien

Baby Tam Talking To You

From 6 March 1999 to 12 March 1999

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What does "a deep evolution of the miraculous dharma" mean?*
- 2) *Is there any benefit when the cranial psychic center is pure and light?*
- 3) *Is there any benefit in realizing "Compassion, Wisdom, and Courage"?*
- 4) *What will happen when a Vo-Vi practitioner still has ego?*
- 5) *Why does a Vo-Vi practitioner still try to slander the Vo-Vi association in order to seek personal profit and fame?*
- 6) *Is it true that greediness will eventually lead to self-destruction?*
- 7) *Does disagreement bring any benefit to a Vo-Vi practitioner?*



Amphion Les Bains, 6 March 1999 6:40 AM

Q: What does "a deep evolution of the miraculous dharma" mean?

A: The evolution of the miraculous dharma means that the flux of energy at the cranial psychic center is unified with the equilibrium of the pure light and benevolent energy. The motto is not to destroy and punish, but to work constructively and serve others.

Psalm

*Unified with the luminous aura in the sphere of benevolence,
With deep love and affection, we turn to purity on our own,
Practicing equally on the social and spiritual paths, we cultivate our spiritual consciousness to advance on our own,
With perseverance, we remain faithful and truly achieve purity.*

Amphion Les Bains, 7 March 1999 5:33 AM

Q: Is there any benefit when the cranial psychic center is pure and light?

A: When the cranial psychic center is pure and light, our spiritual mind and consciousness develops very easily.

Psalm

*Developing our wisdom and spiritual consciousness, our brains are clear and bright,
Resolving our difficulties to advance in a clear manner, we are void of confusion,
Helping ourselves without being agitated,
We practice with diligence and perseverance, without dreams and illusions.*

Amphion Les Bains, 8 March 1999 5:40 AM

Q: Is there any benefit in realizing "Compassion, Wisdom, and Courage" ?

A: To realize "Compassion, Wisdom, and Courage" are very beneficial for our spiritual evolution, and we will engage ourselves in a fearless way.

Psalm

*With equanimity, we will evolve and advance continuously,
Resolving our difficulties in a clear and righteous manner, we will not advance on the wrong path,
Returning to the unification with our true consciousness, we practice to advance continually,
Returning to our true nature, we are no longer divided.*

Amphion Les Bains, 9 March 1999 1:26 AM

Q: What will happen when a Vo-Vi practitioner still has ego?

A: A Vo-Vi practitioner who still nurtures ego and grudges within his consciousness will generate many unfavorable circumstances, such as division, selfishness, and prejudices. He will have difficulty to advance spiritually and surmount his obstacles.

Psalm

*A spiritual adept who still has ego will have difficulty to practice and unblock himself,
Unable to release his obstacles and attain enlightenment, he remains narrow-minded,
Failing to contribute successfully, he causes agitation,
Unable to achieve equilibrium, he is unable to meditate thoroughly.*

Amphion Les Bains, 10 March 1999

Q: Why does a Vo-Vi practitioner still try to slander the Vo-Vi association in order to seek personal profit and fame?

A: A Vo-Vi practitioner who still seeks personal profit and is greedy for fame will only harm himself, and there will be no benefit. Being loved by many people will only bring more suffering.

Psalm

*Seeking personal profit and being greedy for fame will only cause worries to oneself,
Tao means Not-for-Profit in order to achieve peace of mind,
Being greedy for fame will cause more suffering and one will be unable to escape,
One will show one's greediness and anger, and cause worries.*

Monaco, 11 March 1999 2:55 AM

Q: Is it true that greediness will eventually lead to self-destruction?

A: Creating a habit of greediness will bring the soul to decadence.

Psalm

*The mind is obscured and passionate, when one is greedy for fame and profits,
Unaware of suffering and adversities, one has difficulty to return,
Passions and agitation cause errors and lack of reasoning,
Having no spiritual depth, one causes blinded passions and errors.*

Monaco, 12 March 1999 4:45 AM

Q: Does disagreement bring any benefit to a Vo-Vi practitioner?

A: Disagreement does not bring any benefit to a Vo-Vi practitioner. It will bring agitation to the mind and body. To practice patience and resignation, and to achieve thorough understanding is necessary for a Vo-Vi practitioner.

Psalm

*With a balanced mind and body, we appreciate wise people,
Thanks to a deep spiritual education, we will advance and surmount obstacles on our own,
When we achieve patience and resignation, we will have the opportunity to reach awakening,
Cultivating our deep serenity, we will live in peace and tranquility.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vo-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.

ANNOUNCEMENT : VO-VI CONGRESS 2009 « SPIRITUAL DEVELOPMENT »

Dear Vo-Vi Friends,

After our Master decided to move the Vo-Vi congress to Dallas, Texas, USA, we have searched actively for a proper location. Master has agreed to select the **Gaylord Texan Resort and Convention Center**, near Lake Grapevine, to hold the Vo-Vi Congress 2009 « Spiritual Development ». The **Gaylord Texan Resort** is located 7 miles (11.26 km) from the DFW (Dallas-Fortworth International) Airport, and is very convenient for people flying into Dallas.

We have also asked our Master the permission to organize his Birthday Celebration at the same time as the Vo-Vi Congress. Master has agreed to this request. Therefore, we immediately announce the good news to all VO-VI friends in all five continents, so that you can arrange your time schedule to participate at the Congress and Birthday Celebration, which will be held at the same period of time.

- Registration (check-in) : Sunday **22 November 2009**
- Departure (check-out) : Thursday **26 November 2009**.

12/20/2008

The weather in Dallas during this period of time is very pleasant and temperate.



20 December 2008
Respectfully yours,

President of the Vo-Vi Friendship Association Florida : Nguyễn Văn An
President of the Vo-Vi Friendship Association Houston, Texas : Đỗ Trung Hiếu
President of the Vo-Vi Friendship Association Dallas, Texas : Lâm Mừng
President of the Vo-Vi Friendship Association Washington State : Nguyễn Trí Vương
President of the Vo-Vi Friendship Association of Northern California : Nguyễn Xuân Mai
President of the Vo-Vi Friendship Association of Hawaii : Trịnh Cẩm Tú
President of the Vo-Vi Association of France: Huỳnh Minh Bảo
President of the Vo-Vi Association Canada : Phan Cao Thăng