



# The Life Energy Development Weekly

11 January 2009

Email: [huemai00@gmail.com](mailto:huemai00@gmail.com)  
[www.vovinet.org](http://www.vovinet.org)

Published in concurrence with *The Viet LED Weekly 705*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

## Greediness And Lust

Greediness and lust lead to insolvent debts and cause karmic retributions,  
The universe clearly explains the principle of impermanence,  
With compassion, it provides us infinite guidance on the path of common  
progress,  
Let's abandon greediness and lust to turn within and examine us on  
our own.  
*Vi Kien*

## Baby Tam Talking To You

*From 27 March 1999 to 2 April 1999*

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

- 1) *What will happen when a spiritual adept lacks a resolute will?*
- 2) *What will happen when a spiritual adept lacks patience, resignation and modesty?*
- 3) *Why does a spiritual adept want to control everything?*
- 4) *Does a spiritual adept need to respect the path of self-practice?*
- 5) *Is there any benefit when a spiritual adept follows a spiritual practice, but refuses to rectify him?*
- 6) *What should we do in order to love us?*
- 7) *In order to choose a good president (for a Vo-Vi association), whom would be the right person for us to select?*



**Monaco, 27 March 1999 4:30 AM**

*Q: What will happen when a spiritual adept lacks a resolute will?*

A: A spiritual adept who lacks a resolute will can be in great danger when he loses his self-control.

**Psalm**

*When the heart is not sincere, the will is unstable,  
Lacking resolution, one has difficulty to progress and  
ascend higher,  
The noble heaven is unreachable, and one has  
difficulty to unify with the Lord,  
With an agitated soul, one cannot analyze and seek  
one's true self.*

**Monaco, 28 March 1999 6:25 AM**

*Q: What will happen when a spiritual adept lacks patience, resignation and modesty?*

A: When a spiritual adept still has ego, he will always want to be better than other people. He will commit many errors and persuade others to do the same without knowing it.

**Psalm**

*One continues to commit errors as a spiritual adept  
who lacks self-awakening,  
One accomplishes things that tie one's consciousness,  
Generating difficulties and adversities, one loudly  
claims to be the best,  
Not knowing that it only causes suffering, and one will  
be unable to seek one's true self.*

**Monaco, 29 March 1999 8:50 AM**

*Q: Why does a spiritual adept want to control everything?*

A: A spiritual adept who lacks modesty and is authoritarian will want to control everything. He will commit sins for himself, but wrongly believes to be smart.

**Psalm**

*Learning a profession, they wrongly believe to have an  
intelligent mind,  
But they fool themselves and do not know them clearly  
yet,  
They wrongly believe that everyone likes to be loved  
so they spread agitation,  
Causing disturbances, they unknowingly harm  
themselves.*

**Monaco, 30 March 1999 5:00 AM**

*Q: Does a spiritual adept need to respect the path of self-practice?*

A: A spiritual adept really needs to follow the path that he is currently practicing. This is essential for his mind and body. He should not listen to rumors and slanders and should leave them out of his mind.

**Psalm**

*Practicing within sincerity, we will advance  
accordingly,  
There are neither laments nor doubts,  
We will advance and evolve in accordance with the  
Lord's infinite guidance,  
Let's practice within sincerity and be free of doubts.*

**Monaco 31 March 1999 4:50 AM**

*Q: Is there any benefit when a spiritual adept follows a spiritual practice, but refuses to rectify himself?*

A: A spiritual adept, who follows a spiritual practice but refuses to rectify himself, will nurture his bad habits and bad character. He devotes himself to exposing other people's weaknesses, stirring up worldly matters and causing agitation. There is absolutely no benefit for his mind and body.

**Psalm**

*Causing numerous chaos and disturbances, one has difficulty to learn wisdom,  
Wrongly believing that one's delusions are true, one remains restless,  
Destroying the deep spiritual love, one becomes more agitated,  
Having support from no one, one isolates oneself on one's own.*

**Monaco, 1 April 1999 4:35 AM**

*Q: What should we do in order to love us?*

A: In order to love us, we should devote ourselves to spiritual cultivation and rectify our character. We should not cause agitation or take advantage of other people. We will not obtain any personal gains, and we will generate many unhappy events to ourselves.

**Psalm**

*To delve into others' affairs will only cause more worries and sufferings to oneself,  
Unable to advance spiritually, one will only cause more suffering in one's consciousness,  
Unable to change one's character, one will cause agitation and disturbances,  
Refusing to cultivate oneself spiritually within austerity and virtue, one will want to enter into loving relationships.*

**Monaco, 2 April 1999 1:30 AM**

*Q: In order to choose a good president (for a Vo-Vi association), whom would be the right person for us to select?*

A: In order to select a president who will serve others well, we should choose someone who practices meditation and is resolute; we should select a person with spiritual virtue and merit, and who has the spirit of service for the common public.

**Psalm**

*We should select a person with spiritual virtue and merit to help humanity,  
Loving and respecting the noble Heaven, let's practice with our own efforts,  
Purifying ourselves, we will advance spiritually and release our karma,  
Serving others with a sincere heart, we want to practice in common.*



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.