



The Life Energy Development Weekly

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Email: huemai00@gmail.com
www.vovinet.org

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Insolence

Being insolent only harms oneself and makes the heart agitated,
With evil thoughts and selfishness, the heart cannot be quiet,
Through spiritual practice, we release our impurities to advance and
achieve an empty heart,
With a clear mind and abundant wisdom, we naturally feel inner peace.
Vi Kien

Baby Tam Talking To You

From 3 April 1999 to 9 April 1999

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Is there any benefit in turning one's consciousness toward untruth?*
- 2) *Who is responsible when one's plan fails to succeed?*
- 3) *What causes war?*
- 4) *Why does everyone wish for peace after war?*
- 5) *The celestial mechanism will undergo transformations. What do people think about this fact?*
- 6) *What does it mean to have the good spiritual opportunity to meet each other again?*
- 7) *What does it mean to recover slowly?*



Monaco, 3 April 1999 3:20 AM

Q: *Is there any benefit in turning one's consciousness toward untruth?*

A: To turn one's consciousness toward untruth only means to take advantage of others, and does not bring any benefit. Unless one is truly sincere and truthful, one will not reap any benefit.

Psalm

*Those who are naïve will flatter others without word,
Unable to complete their prayers, they cannot rest peacefully,
Sowing karmic debts, they cannot undo them,
Let's practice with equanimity to understand the words of truth clearly.*

Monaco, 4 April 1999 6:05 AM

Q: *Who is responsible when one's plan fails to succeed?*

A: One is responsible when one's plan fails to succeed.

Psalm

*Lacking spiritual awakening and clarity of mind, one cannot understand the itinerary of progress,
Causing misfortunes to oneself, one becomes more agitated,
Whom can one ask to save oneself and surmount the karma of heart?
One should practice with diligence and sincerity in order to avoid the negative energies.*

Monaco, 5 April 1999 8:25 AM

Q: *What causes war?*

A: War is caused by misunderstanding from both sides. Both parties lack patience and resignation, which leads to breaks and destructions, similar to a glass who is shattered when falling to the ground. It will take a long time before unification is possible.

Psalm

*Love and relations are shattered, and it will be difficult to revive them,
When the consciousness is wholly ruined, it will be difficult to correct oneself,
Sowing hatred and causing sorrow will only bring more problems,
In order to achieve resurrection, one should rectify one's consciousness.*

Monaco, 6 April 1999 8:25 AM

Q: *Why does everyone wish for peace after war?*

A: After war, everyone wishes for peace. This is a natural law, which goes from agitation to calmness. Everyone wants to live in peace and tranquility after the days of unrest. Suffering! Suffering! Suffering! Only through sufferings will one step into the boundary of the Dharma of Buddha in order to restore one's lucidity and serenity, and to rebuild the spiritual foundation.

Psalm

*On our own, we will develop our righteous consciousness,
With an awakened consciousness and a wise mind, we will practice on our own,
Holding affectionately to human love within awakening,
We will develop ourselves freely and attain wisdom on our own.*

Monaco 7 April 1999 2:30 AM

Q: *The celestial mechanism will undergo transformations. What do people think about this fact?*

A: The celestial mechanism cannot be disclosed. Everyone will have to look at their own actions in order to predict their future, and accept it accordingly.

Psalm

*During our whole life, we should follow the noble original principle,
Forgetting our own selves, we will cause us to distance from the principle on our own,
Unable to reach the noble Heaven, we will not make any progress in our spiritual cultivation,
Unable to practice the dharma to unblock ourselves, we will remain far apart.*

Monaco, 8 April 1999 4:20 AM

Q: *What does it mean to have the good spiritual opportunity to meet each other again?*

A: To have the good spiritual opportunity to meet each other again means to have the opportunity to meet each other unexpectedly.

Psalm

*Meeting each other, we rejoice ourselves with a very pure mind,
With an awakened consciousness, we share our joy and understand all domains,
Thanks to the divine guidance, we have the fortunate opportunity to meet each other again,
With equanimity and a serene heart, we turn toward purity.*

Monaco, 9 April 1999 4:15 AM

Q: *What does it mean to recover slowly?*

A: To recover slowly means that one's spiritual energy will unify into one path of self-development.

Psalm

*Let's look at the law of the Creator Who provides us guidance,
Spiritual energy resolves matters clearly and saves us from the grave,
The spiritual philosophy can be deep and noble according to our consciousness,
Let's practice to obtain results with the silent invocation of the mantra Nam-Mo-A-Di-Da-Phat.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.