



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

The New Year Of The Ox (2009)

In the New Year of The Ox, let's correct and improve ourselves with our own efforts,
Staying away from agitation, we will advance on our own,
Let's work constructively in order to understand the spiritual path clearly,
As we unify with human compassion, we will grow and expand on our own.
Vi Kien

Baby Tam Talking To You

From 24 April 1999 to 30 April 1999

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What results will we get when we serve others with full devotion?*
- 2) *Why does war burst out?*
- 3) *What causes transformations of the celestial mechanism?*
- 4) *When will we see peace?*
- 5) *Does a meditation practitioner commit any sin when he borrows money from other practitioners to gamble and does not return it?*
- 6) *What does it mean, "Divine Love is spreading in a timely manner"?*
- 7) *What will happen to one's soul when a spiritual adept still finds pretexts to harm others?*



Amphion Les Bains, 24 April 1999 3:54 AM

Q: *What results will we get when we serve others with full devotion?*

A: When we serve others with full devotion, we will build good spiritual virtue and merit, and we will encounter good karmic opportunities.

Psalm

*Let's advance with a heart devoted to spiritual cultivation and a strong and steady will,
Disturbances can no longer generate worries in our mind,
With an awakened consciousness and a calm heart,
we will surmount obstacles on our own,
Attaining equilibrium on our own, we are free of sorrow and worries.*

Amphion Les Bains, 25 April 1999 5:19 AM

Q: *Why does war burst out?*

A: War bursts out, so that people have the opportunity to sit together and seek a solution for peace.

Psalm

*Greediness causes suffering for humanity,
Awakening our consciousness, we correct our mistakes to restore our freshness,
Spreading agitation will dissipate the divine love,
To fight against each other for a piece of earth only brings suffering to humanity.*

Amphion Les Bains, 26 April 1999 4:31 AM

Q: *What causes transformations of the celestial mechanism?*

A: The original principle of Heaven and Earth undergoes transformations in accordance with the existing level, and humanity must accept the transformations to surmount the difficulties. It is similar to a patient lying on the surgical table who needs to eventually give his acceptance in order to be saved from the incurable disease.

Psalm

*As the original principle undergoes changes, evil is occurring,
Bottomless greediness is harming the soul,
Those who want to survive at any cost have to die and accept the consequences for their minds and bodies,
Uttering a word of obedience (acceptance) will let us surmount the evil.*

Amphion Les Bains, 27 April 1999 4:00 AM

Q: *When will we see peace?*

A: Only when our heart is serene, will we see peace. Only by devoting ourselves to spiritual cultivation and self-improvement, will we achieve this result.

Psalm

*The original principle of peace comes from our consciousness,
The source of serenity is very deep and subtle,
With an intelligent mind, we will evolve with our own consciousness,
Understanding the original principle clearly, we do not commit errors.*

Amphion Les Bains, 28 April 1999 5:36 AM

Q: Does a meditation practitioner commit any sin when he borrows money from other practitioners to gamble and does not return it?

A: A meditation practitioner who owes even a single penny from other practitioners will have difficulty to devote himself to spiritual cultivation and to progress spiritually. His capacity of compassion will disappear.

Psalm

*Debts are karmic burdens and hinder a person's spiritual cultivation,
They generate darkness, passions, and blindness,
Unable to advance and cultivate oneself spiritually,
one will become even more agitated,
Losing one's trustworthiness, one will become more ignorant.*

Montreal, 29 April 1999 8:05 AM

Q: What does it mean, "Divine Love is spreading in a timely manner"?

A: Divine love is spreading, such as when the sun appears, the weather changes to better.

Psalm

*With spontaneity and liveliness, we receive the divine love,
The scenery is tranquil, with neither heat nor rain,
Everywhere, things look pretty and beautiful,
With equanimity and serenity, we enjoy it silently.*

Montreal, 30 April 1999 5:05 AM

Q: What will happen to one's soul when a spiritual adept still finds pretexts to harm others?

A: A spiritual adept, who looks for petty faults in others in order to harm them, is still an evil person with lust and greediness. His sin will never be cleansed completely. When one's heart is evil, one's capacity of compassion will never expand.

Psalm

*Those who are evil and agitated have difficulty to cultivate themselves spiritually and reach serenity,
With all kinds of passions and intransigence, they are unable to attain wisdom,
Instead of searching for their origin, they are seeking others' affairs,
Staying in the hiding, they build their own journey.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.