



The Life Energy Development Weekly

15 March 2009

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Published in concurrence with The Viet LED Weekly 714

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Wisdom

With a wise mind, we clearly analyze the path of evolution and progress,
When our energy flows freely, our consciousness awakens and
understands instantaneously,
Let's practice the righteous dharma without ever stopping,
Helping our soul, we practice the cyclical breathing to attain tranquility.
Vi Kien

Baby Tam Talking To You

From 29 May 1999 to 4 June 1999

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,
Baby Tam

Questions

- 1) *What should we do in order to unify our soul?*
- 2) *What should we do in order to practice the righteous dharma?*
- 3) *How does the organization of the brains relate to the energy of the universe?*
- 4) *What should we do in order to comprehend the justice of God and Buddha?*
- 5) *As human beings, we feel that we have never received justice, or we like to demand justice because we always think that we have lost justice from Heaven and Earth. Our heart and mind lack serenity, and we have great difficulty to devote ourselves to spiritual perfection. Why?*
- 6) *Why is love never lost?*
- 7) *What will happen when the world is trying to find a path of peace for all?*



Montreal, 29 May 1999 5:37 AM

Q: *What should we do in order to unify our soul?*

A: To unify our soul means that everybody coming to this place equally turns their consciousness toward God and Buddha.

Psalm

*With a sincere heart, we cultivate ourselves spiritually
to progress and turn our consciousness toward
benevolence,
Releasing passions and blindness, we turn toward
purity on our own,
Unifying with our true soul in our spiritual awakening,
We develop our spiritual consciousness in order to
succeed in all aspects.*

Montreal, 30 May 1999 2:58 AM

Q: *What should we do in order to practice the righteous dharma?*

A: We should practice the dharma with a sincere heart and within order and discipline.

Psalm

*Practicing with righteousness and discipline, we avoid
passions and errors,
Awakening our own consciousness, we practice and
serve others voluntarily,
Working constructively, we practice and perfect
ourselves spiritually with determination,
With perseverance, we advance spiritually and
develop ourselves in silence.*

Montreal, 31 May 1999 6:45 AM

Q: *How does the organization of the brains relate to the energy of the universe?*

A: The brains relate to the energy of the universe when we release our karma of the heart with serenity.

Psalm

*Returning to our origin through meditative
contemplation, we see our itinerary clearly,
Awakening our consciousness, with a pure heart, we
clearly understand and attain knowledge on our own,
Our relation to the universe is infinite as we return to
our unique origin,
On our own, we clearly analyze the macroscopic
universe.*

Montreal, 1 June 1999 9:42 AM

Q: *What should we do in order to comprehend the justice of God and Buddha?*

A: In order to comprehend the justice of God and Buddha, we should engage ourselves into serving humanity according to our existing abilities.

Psalm

*When we practice within sincerity, we will achieve
results in all aspects,
In spite of difficulties and sufferings, we neither
complain nor become discouraged,
Loving and respecting words of Truth,
We release our impurities to evolve and advance in all
aspects.*

Montreal, 2 June 1999 2:21 AM

Q: *As human beings, we feel that we have never received justice, or we like to demand justice because we always think that we have lost justice from Heaven and Earth. Our heart and mind lack serenity, and we have great difficulty to devote ourselves to spiritual perfection. Why?*

A: Because our soul is always agitated, and we compare with matters which are unnecessary to our great mind.

Psalm

*Lacking a spiritual mind, it is very difficult to transform ourselves to attain awakening and understanding,
Our mind is unable to differentiate the spiritual relations,
Without understanding, our heart lacks a strong determination,
With an agitated mind, we are unable to analyze and explain clearly in a timely manner.*

Montreal, 3 June 1999 1:44 AM

Q: *Why is love never lost?*

A: We will love as long as we are alive.

Psalm

*Love is shining everywhere,
In our life, we rejoice together with the whole heavenly sphere,
Returning to unity, our community is void of agitation,
Compassionate love and spiritual virtue come from Heaven.*

Montreal, 4 June 1999 2:47 AM

Q: *What will happen when the world is trying to find a path of peace for all?*

A: Peace for all really needs compassionate love and spiritual virtue in order for people to be able to build peace upon the foundation of constructive love.

Psalm

*Love, respect, patience, and resignation will bring results and progress,
Applying compassionate love, we will surmount obstacles on our own,
Working constructively without stopping, we will advance on our own with a sincere heart,
Peace and tranquility will be achieved only when the community makes progress.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.