



The Life Energy Development Weekly

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Email: huemai00@gmail.com
www.vovinet.org

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Sincerity

Practicing with sincerity, we will awaken our consciousness and gain
understanding on our own,
Understanding heaven and earth clearly, we will persevere with our own
efforts,
Advancing on the spiritual path without agitation, our consciousness will
return to unity,
Developing ourselves with our own efforts, we will awaken our
consciousness and gain understanding on our own.

Vi Kien

Baby Tam Talking To You

From 12 June 1999 to 18 June 1999

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,
Baby Tam

Questions

- 1) *Why are there still wicked meditation practitioners?*
- 2) *Is there any benefit when we understand spiritual matters thoroughly?*
- 3) *Is there any benefit when we practice with a sincere heart and achieve results on our own?*
- 4) *What is the consequence when one is lacking feeling and the sense of duty?*
- 5) *Which opinion is more beneficial, the opinion of constructiveness or the opinion of critics and destruction?*
- 6) *What should one do in order to achieve loyalty and trustworthiness?*
- 7) *Should a sincere spiritual adept need to fight for a position?*



Montreal, 12 June 1999 5:32 AM

Q: *Why are there still wicked meditation practitioners?*

A: There are still wicked meditation practitioners because they do not yet understand themselves.

Psalm

*Going in circles, they explain matters in a tortuous way,
Even though their argumentation is not clear, they keep giving advice,
Enticing many people with an evil purpose,
They harm others and themselves, but remain curious.*

Montreal, 13 June 1999 8:13 AM

Q: *Is there any benefit when we understand spiritual matters thoroughly?*

A: When we understand spiritual matters thoroughly, all things will be resolved successfully.

Psalm

*Those who practice do not devise plots and delve into rivalries,
As everything is pure and clear, we understand the principle of spiritual practice clearly,
Our spiritual consciousness returns to the same sphere,
Spiritual energy shines upon us with true purity.*

Montreal, 14 June 1999 8:17 AM

Q: *Is there any benefit when we practice with a sincere heart and achieve results on our own?*

A: It is very beneficial when we practice with a sincere heart. We will release our intransigence and passions, and love and respect all creatures.

Psalm

*With a sincere heart, we awaken our consciousness and release our passions and errors,
Practicing within serenity, we will dissipate our dark energies,
We are determined to dissipate resentment and prejudices,
Returning to our unique origin, on our own, we will achieve detachment.*

Montreal, 15 June 1999 5:29 AM

Q: *What is the consequence when one is lacking feeling and the sense of duty?*

A: When one is lacking feeling and the sense of duty, one will feel friendless as a consequence.

Psalm

*Those who cultivate themselves spiritually without advancing with their own efforts will remain friendless,
Unable to resolve their problems, they live in darkness,
Unable to attain awakening and wisdom, their mind is filled with agitated thoughts,
Only when peace develops, will one be able to advance gradually.*

Montreal, 16 June 1999 3:24 AM

Q: Which opinion is more beneficial, the opinion of constructiveness or the opinion of critics and destruction?

A: The opinion of constructiveness will always benefit all. In contrary, those who only know to criticize and bring destruction and deny constructiveness will bring dissension and separation, which will only harm both their mind and body.

Psalm

*Their wisdom cannot develop because of money,
Planning to harm others will bring suffering and many
worries,
Their mind undergoes transformations as they plot
destruction,
Following their inhuman character, they run after
money.*

Montreal, 17 June 1999 5:50 AM

Q: What should one do in order to achieve loyalty and trustworthiness?

A: In order to achieve loyalty and trustworthiness, we should practice and follow a common direction.

Psalm

*We do not need a position to enlighten our heart and
correct our character,
Fighting, competing, and rivalries only cause misery,
With a restless mind and heart, one encounters even
more difficulties and sufferings,
Practicing within sincerity, one will rejoice silently.*

Montreal, 18 June 1999 2:52 AM

Q: Should a sincere spiritual adept need to fight for a position?

A: A sincere spiritual adept needs to practice the spiritual method instead of campaigning for a position. This type of thinking is reserved to those with an evil heart and wicked thoughts.

Psalm

*To practice the righteous dharma, one should practice
and perfect oneself spiritually,
There is no need to plan for vague illusions,
Those who aim for destruction without spiritual
practice only cause disturbances,
Unable to amend their sins, they fall into passions and
blindness.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.