



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Compassion

With compassion, we build the path of common progress,
Resolving our difficulties, we return to our original nature and undergo
transformations in our itinerary,
Sincere with ourselves, we will return to our unique origin,
Developing our wisdom and knowledge, we will purify ourselves
continuously.
Vi Kien

Baby Tam Talking To You

From 19 June 1999 to 25 June 1999

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,
Baby Tam

Questions

- 1) *Is it valuable when a Vo-Vi practitioner expresses the will to engage himself into saving humanity?*
- 2) *What will happen to Vo-Vi practitioners who go in the wrong direction and are possessed by demons?*
- 3) *What should we do when we want to help with charitable work, but do not find any recipient?*
- 4) *Do we obtain any results when we lack compassion, but have many demands?*
- 5) *Is there any benefit when spiritual practitioners still feel animosity and hostility among each other?*
- 6) *There are people who refuse to practice and devote themselves to spiritual perfection, which is a necessary task and will bring health to them. In contrary, they want to get involved into the affairs of others who have engaged into the service of the great public, while they are unable to do the same because of their selfish and stingy character. They can speak very well, but do not perform well, and no one respects them. Do these people commit any sin by doing so?*
- 7) *Why should a person who has reached the level of spiritual development encounter karmic trials?*



Montreal, 19 June 1999 7:11 AM

Q: Is it valuable when a Vo-Vi practitioner expresses the will to engage himself into saving humanity?

A: It is very valuable when a Vo-Vi practitioner engages himself into saving humanity. In the contrary, if he takes advantage of others, he will be miserable during his whole life.

Psalm

*Demoted to a lower level, one will only find impurities and agitation,
Lacking knowledge, one does not understand the intrigues,
Causing an impure mind because of agitated thoughts,
One has difficulty to cultivate oneself spiritually and assume one's duties, and remains unrealistic.*

Montreal, 20 June 1999 1:46 AM

Q: What will happen to Vo-Vi practitioners who go in the wrong direction and are possessed by demons?

A: Vo-Vi practitioners who go in the wrong direction turn toward rivalries and intransigence. When they are possessed by demons, one will perceive a foul-smelling and burnt odor from their impure energy when sitting close to them. One will feel very uncomfortable, and one could vomit.

Psalm

*Possessed by demons in their mind and body, they release a burnt odor,
Speaking with violence and cruelty, they do not have any joy and peace,
Enticing others to all kinds of things, they sow calamities in their hearts,
With excessive impurities, they are completely joyless.*

Montreal, 21 June 1999 9:41 AM

Q: What should we do when we want to help with charitable work, but do not find any recipient?

A: If one wants to do charitable work, but does not find any recipient, one should hold on the funds and wait for another occasion.

Psalm

*When our compassionate heart is not yet right, we should stop our work,
If we want to pay our debt, but no one is eager to receive it,
We should hold to the funds and do not provide help,
Ready to wait for an opportunity to pay our debt of greediness.*

Montreal, 22 June 1999 2:05 AM

Q: Do we obtain any results when we lack compassion, but have many demands?

A: When we lack compassion, but have many demands, we will still fail eventually, because we are going against God's love. We will harm ourselves and will not harvest good consequences.

Psalm

*God's love shines upon us brilliantly,
Those who fail to realize patience and resignation will have difficulty to reach tranquility,
Their mind is agitated and their soul blinded by passions within sufferings,
Unable to practice the spiritual method, they remain aimless.*

Montreal, 23 June 1999 9:08 AM

Q: Is there any benefit when spiritual practitioners still feel animosity and hostility among each other?

A: Meditation practitioners who still feel animosity and hostility among each other prove that they are not yet able to rectify their character. It will lead to unnecessary destruction.

Psalm

*When the mind is ignorant and obscure, one will cause additional sorrow,
Bringing suffering to each other, one is unable to attain tranquility,
Causing disturbances and sowing sadness, one further complicates matters,
Lacking a spiritual consciousness, one gains neither joy nor wisdom.*

Montreal, 24 June 1999 6:16 AM

Q: There are people who refuse to practice and devote themselves to spiritual perfection, which is a necessary task and will bring health to them. In contrary, they want to get involved into the affairs of others who have engaged into the service of the great public, while they are unable to do the same because of their selfish and stingy character. They can speak very well, but do not perform well, and no one respects them. Do these people commit any sin by doing so?

A: When everyone dislikes you, you should retreat into a corner to correct yourself and cultivate yourself spiritually. This is better than doing something, which is unnecessary for one's mind and body.

Psalm

*Through spiritual practice, we will illuminate the spiritual path and attain equilibrium,
Thanks to the opportunity of the righteous dharma, we will understand the righteous character clearly,
The original principle granted by God is immovable,
With perseverance and a steady faith, we will understand thoroughly on our own.*

Montreal, 25 June 1999 8:14 AM

Q: Why should a person who has reached the level of spiritual development encounter karmic trials?

A: The higher level a spiritual practitioner reaches, the more he would have to face the existing karmic forces.

Psalm

*After the waves of karmic trials, one will ascend higher as a result,
One will understand the need to learn harmony on earth,
With courage and determination, we will advance and practice within awakening and knowledge,
Together, we will work constructively and advance under the same roof.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.