



# The Life Energy Development Weekly

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Email: [huemai00@gmail.com](mailto:huemai00@gmail.com)  
[www.vovinet.org](http://www.vovinet.org)

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Perception

Perceiving that the earthly world is like shackles,  
With a sincere awareness, we no longer go in circles,  
Understanding earthly and spiritual matters from inward to outward,  
We liberate ourselves from the boundaries, and with a clear analysis, we  
develop ourselves.

*Vi Kien*

## Baby Tam Talking To You

*From 7 November 1999 to 13 November 1999*

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,  
Baby Tam

### **Questions**

- 1) *What do politics and faith mean?*
- 2) *How does our faith relate to God and Buddha?*
- 3) *Is there any benefit when we still hold to our ego in our spiritual cultivation?*
- 4) *Why was a spiritual adept able to detach himself from many matters thanks to the celestial mechanism?*
- 5) *How does a spiritual adept relate to the pure energy?*
- 6) *Who is responsible for one's own self?*
- 7) *What makes a person becoming foolish?*



<p><b>Toronto, 7 November 1999 7:00 AM</b></p> <p>Q: <i>What do politics and faith mean?</i></p> <p>A: "Politics" (literal translation of Chánh Tri: Chánh = Righteous - Tri = Government) means to practice righteousness and sincerity, which are beneficial to the soul, and to believe in our inherent potential to correct ourselves and make progress.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>On our own, we wish to return to our spiritual root, Correcting ourselves and progressing continually, we liberate ourselves and achieve wisdom on our own, Practicing equally on the earthly and spiritual paths with an awakened consciousness, We practice with diligence and sincerity and achieve wisdom on our own.</i></p>
<p><b>Montreal, 7 November 1999 (bis) 3:05 AM</b></p> <p>Q: <i>How does our faith relate to God and Buddha?</i></p> <p>A: Our faith relates to God and Buddha when we are determined to relate our true consciousness to the flux of energy of the Great Compassion without interruption. Our mind will be bright and our heart wise.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>The deep original principle causes transformations to initiate progress on our spiritual journey, How infinite are blessings in the sphere of purity, With determination, we advance on the same path of constructiveness, With a deep compassionate love, we develop ourselves and attain an even greater purity.</i></p>
<p><b>Montreal, 8 November 1999 6:30 AM</b></p> <p>Q: <i>Is there any benefit when we still hold to our ego in our spiritual cultivation?</i></p> <p>A: When we still hold to our ego in our spiritual cultivation, we will generate many karmic forces and harm our brain and nervous system.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>We must suffer when our earthly relationships are broken, Encountering misfortune, our karma perseveres, Lacking wisdom, our anger and resentment cause tragedy, Without joy, we suffer and lose our compassion.</i></p>
<p><b>Montreal, 9 November 1999 4:55 AM</b></p> <p>Q: <i>Why was a spiritual adept able to detach himself from many matters thanks to the celestial mechanism?</i></p> <p>A: A spiritual adept clearly sees the warnings of Heaven and Earth to punish those who are obsessed with lust and greediness.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Divine Law exists to educate humanity, Encountering suffering, we turn to spiritual cultivation and practice on our own, Resolving difficulties, our true soul is less agitated, With sincerity and diligence, we cultivate ourselves spiritually and practice in a natural way.</i></p>
<p><b>Montreal, 10 November 1999 8:46 AM</b></p> <p>Q: <i>How does a spiritual adept relate to the pure energy?</i></p> <p>A: A spiritual adept relates to the pure energy and feels its blessings through the compassionate energy and serenity that he was able to perceive.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>The Great Compassion shines its blessings everywhere, Bringing transformation and purification everywhere people practice and examine themselves to make progress, Awakening ourselves, we practice with sincerity to attain the opportunity of spiritual knowledge, Practicing with perseverance and diligence, we will achieve wisdom for both our mind and body.</i></p>

**Montreal, 11 November 1999 4:30 AM**

Q: *Who is responsible for one's own self?*

A: Our compassionate heart is responsible for our own self.

**Psalm**

*We are free and totally responsible to analyze ourselves with clarity,  
On the earthly and spiritual paths, there is a way to liberate ourselves,  
Returning to the unification with our true soul through righteous knowledge,  
We serve others with a pure heart and see our itinerary clearly.*

**Montreal, 12 November 1999 8:30 AM**

Q: *What makes a person becoming foolish?*

A: Greediness and lust make a person foolish. They go downward toward agitation instead of upward. They no longer unify with the energy of Heaven and Earth, and will have great difficulty to understand the subtle spiritual path.

**Psalm**

*Unable to realize the spiritual depth in order to advance,  
They perceive that they are rough-mannered and restless,  
Agitation continually arises in their mind,  
Miserable, they cause agitation and are restless.*



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.