



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

True Consciousness

To unify with the true consciousness is a fortunate karmic relation,
Developing ourselves on our own, we achieve a good unification,
Undergoing continuous change and progress, our consciousness
achieves awakening,
Practicing with diligence and sincerity, we advance gradually.

Vi Kien

Baby Tam Talking To You

From 13 November 1999 to 19 November 1999

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,
Baby Tam

Questions

- 1) *Should we cut the deep love of the spiritual mind?*
- 2) *Is there any benefit to wait for a proper time to counterattack?*
- 3) *Why does a spiritual adept usually encounter betrayals?*
- 4) *Why do compassionate love and spiritual merit always tend to go together harmoniously?*
- 5) *Does the original principle of Heaven and Earth have any benefit?*
- 6) *What will happen to those spiritual adepts who still hold to anger?*
- 7) *What does "Faith and Politics" mean?*



Montreal, 13 November 1999 7:45 AM

Q: *Should we cut the deep love of the spiritual mind?*

A: We should not cut the deep love of the spiritual mind. We will lack wisdom and fall back to anger and resentment, and will have great difficulty to escape this situation.

Psalm

*With our heart and mind, we should realize our will for true spiritual practice,
Releasing sorrow and worries, we will advance rapidly on our own,
Developing our true consciousness, our determination is thorough,
Developing our true consciousness, we will purify ourselves on our own.*

Montreal, 14 November 1999 8:05 AM

Q: *Is there any benefit to wait for a proper time to counterattack?*

A: Those who plan to counterattack will only harm both their mind and body. A true spiritual adept does not plan any counterattack for anyone.

Psalm

*To search for an opportunity to counterattack will bring unhappiness to one's heart,
Pondering crazily, one's mind keeps searching,
Failing to belittle the other party, one causes calamities,
With a calm heart, let's awaken ourselves and examine ourselves on our own.*

Montreal, 15 November 1999 6:15 AM

Q: *Why does a spiritual adept usually encounter betrayals?*

A: Spiritual adepts who practice superficially are usually prone to betrayals, because once they have attained a little bit of serenity, they would wrongly believe that they are better than their spiritual Master.

Psalm

*Returning to their nature, they wrongly believe to be better than others,
Causing sufferings and taking in impurities, they generate anger and resentment,
Failing to change the spiritual method, their heart becomes agitated,
Living in illusions, they return to their unrighteous nature.*

Montreal, 16 November 1999 7:25 AM

Q: *Why do compassionate love and spiritual merit always tend to go together harmoniously?*

A: Compassionate love and spiritual merit are based on the original principle and foundation of God and Buddha.

Psalm

*Love in a harmonious union is more lively,
It brightens the true consciousness and is void of anger and resentment,
Let's be reunited within joy and with an illuminated consciousness,
Let's practice together to evolve without passion and resentment.*

Montreal, 17 November 1999 6:50 AM

Q: *Does the original principle of Heaven and Earth have any benefit?*

A: The original principle of Heaven and Earth creates the immutable law of continuous births and rebirths.

Psalm

*We commit ourselves to spiritual practice among the transformations and continuous evolutions,
The earthly world has many upheavals and one only sees fights and rivalries,
For a brief instant, human love flares up,
Let's practice with our own efforts to see how things evolve for the better or the worse.*

18 November 1999 3:05 AM

Q: *What will happen to those spiritual adepts who still hold to anger?*

A: Spiritual adepts who still hold to anger will have liver disease without a way to escape.

Psalm

*Seeing our character and enlightening our mind, we will
attain deep spiritual love,
Releasing sorrow and worries, we will be a living proof
for ourselves,
If we cannot mend our ego, our heart will be agitated,
Let's practice with sincerity and diligence to enlighten
our consciousness on our own.*

Montreal, 19 November 1999 5:10 AM

Q: *What does "Faith and Politics" mean?*

A: "Faith" means to believe in our own abilities that we will be able to succeed in our spiritual commitment. "Politics" means to collect the thoughts of many people in order to realize the path of common progress.

Psalm

*We have to practice with sincerity to attain the original
principle,
With a true practice, we will attain the dharma and turn
toward purity,
We will see our character and enlighten our mind as our
consciousness awakens,
Let's not get involved into numerous complicated
earthly matters and lose our sincerity.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.