



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Serving Others

Practicing together within love, we will advance and understand our  
spiritual consciousness,  
When our mind develops and our heart achieves wisdom, we will ascend  
from low to high,  
Determined to save ourselves, we will provide guidance to all spheres,  
Learning and training ourselves with equanimity, our soul and astral body  
will meet each other.

*Vi Kien*

## Baby Tam Talking To You

*From 10 June 2000 to 16 June 2000*

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,  
Baby Tam

### Questions

- 1) *Does one gain any benefit when being loyal and trustworthy toward oneself?*
- 2) *Where does romantic love originate?*
- 3) *Is there any benefit to feel attachment to a deep love?*
- 4) *What does it mean when we love and respect Heaven, then everything will happen without hindrance?*
- 5) *Why do greedy people fear poverty?*
- 6) *Does one succeed when using guile to reverse the situation?*
- 7) *Is there any benefit when we rise above earthly emotions?*



<p><b>Atlantic City, 10 June 2000</b></p> <p><i>Q: Does one gain any benefit when being loyal and trustworthy toward oneself?</i></p> <p>A: Being loyal and trustworthy toward ourselves will give us the opportunity to rectify our heart and character to better ourselves.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>Engaging ourselves to guide and save us with our own efforts, we love and respect Heaven, Analyzing clearly our words, we feel great peace, Following harmoniously God's will, our consciousness awakens Like a sunrise spreading light everywhere.</i></p>
<p><b>Atlantic City, 11 June 2000</b></p> <p><i>Q: Where does romantic love originate?</i></p> <p>A: Romantic love originates from one's desires, lust and greed.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>Love has been nurtured since a long time, How magical it is to love and respect each other, Our mind wants to sow true love, With deep love, we will open up and release passion and sorrow.</i></p>
<p><b>Atlantic City, 12 June 2000</b></p> <p><i>Q: Is there any benefit to feel attachment to a deep love?</i></p> <p>A: To feel attachment to a deep love will allow the revival of one's old love from a long time ago, and one will rejoice within serenity and spiritual awakening.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>Our deep love reminds us to love and respect each other, Remembering the beginning and end, we release worries and sorrow, Attachment to earthly emotions is brief, Let's not worry about the dark and ungrateful earthly love!</i></p>
<p><b>Montreal, 13 June 2000</b></p> <p><i>Q: What does it mean when we love and respect Heaven, then everything will happen without hindrance?</i></p> <p>A: When we love and respect Heaven, we will release the blocked energy in our inner consciousness, and we will forgive and love very easily.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>Loving and respecting Heaven, we release our sorrow and worries, With an awakened consciousness, we turn to spiritual cultivation and do not hold to vengeance and hatred, Rejoicing within serenity, our consciousness awakens, Devising no schemes, we will return to goodness on our own.</i></p>
<p><b>Montreal, 14 June 2000</b></p> <p><i>Q: Why do greedy people fear poverty?</i></p> <p>A: Greedy people always fear poverty and suffering, and they absolutely bring no benefit to society.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>With greediness and an evil character, they have difficulty to be righteous, With an obscure mind, they have difficulty to attain wisdom, Overflowing with karmic relations and karmic debts, their consciousness cannot escape, Let's practice a spiritual method to achieve self-awakening and turn to spirituality!</i></p>

**Montreal, 15 June 2000**

Q: Does one succeed when using guile to reverse the situation?

A: Using guile to reverse the situation is going against God's will. It will bring no benefit, and will only harm one's mind and body

**Psalm**

*With an evil mind and body, one will cause sorrow and worries,  
It will bring no benefit and will only harm oneself and others,  
Disliking others, they sow agitation in people's hearts,  
Let's unify with the universe, so that our mind understands the will of Heaven.*

**Amsterdam, 16 June 2000**

Q: Is there any benefit when we rise above earthly emotions?

A: When we rise above earthly emotions, our soul will dance in space in a light and airy way, and we will forget all earthly matters.

**Psalm**

*Distancing ourselves from conflicts and earthly emotions, we attain serenity,  
Distancing ourselves from competition and struggle, we see ourselves clearly,  
Moving leisurely in space, we focus on the righteous direction,  
Seeing our true consciousness clearly, we participate in the spiritual journey.*



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.