



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Stability

Harmonizing with Heaven and Earth, we achieve tranquility,
Our body evolves and progresses without agitation,
Loving and respecting ourselves, we sow good seeds on our own,
The original principle of earthly life and spirituality shines constantly and
enlightens our mind.

Vi Kien

Baby Tam Talking To You

From 24 June 2000 to 30 June 2000

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,
Baby Tam

Questions

- 1) *Is there any benefit when we practice spiritual cultivation in a wrong way, and our soul is damned and transforms into a demon?*
- 2) *Why do humans still refuse to awaken their consciousness?*
- 3) *What will happen to our spiritual consciousness when we practice the method of eternal life?*
- 4) *Why do many people complain that they are unable to cultivate themselves spiritually?*
- 5) *What will happen to those who are agitated and disorderly?*
- 6) *Is the spiritual path infinite or limited?*
- 7) *Why do love and respect not last?*



Monaco, 24 June 2000

Q: Is there any benefit when we practice spiritual cultivation in a wrong way, and our soul is damned and transforms into a demon?

A: When we vow to devote ourselves to spiritual cultivation, but instead, we turn toward the earthly world to form fights and intransigence, we will only harm our soul. To err one small inch will lead to err a whole mile. Eventually, the soul must bear the sorrow and failure, and it will become lustful and inferior.

Psalm

*Cycling through sufferings and adversities, their mind
and heart remind blinded by passions,
On their own, they return to fame, profit, money and
riches,
Dishonored, they will argue confusedly,
Losing slowly their order, their mind reminds blinded
by passions.*

Monaco, 25 June 2000

Q: Why do humans still refuse to awaken their consciousness?

A: Humans have a bad habit, i.e., they do not know the value of sacrifice, so that their soul may evolve better.

Psalm

*The journey of evolution is very profound,
Those who realize sacrifices will understand the
spiritual magic clearly,
Our structure is granted by God Who works
constructively for us,
Let's practice with diligence and sincerity to dissipate
our sorrow.*

Monaco, 26 June 2000

Q: What will happen to our spiritual consciousness when we practice the method of eternal life?

A: When we practice the method of eternal life, our spiritual consciousness will attain peace.

Psalm

*From the earthly world, we transform ourselves to
advance toward Heaven,
Feeling a happy consciousness, we know no worries,
Building our itinerary, we do not step back,
We understand that the Lord has granted us a dharma
to achieve the spiritual opportunity.*

Monaco, 27 June 2000 3:25 AM

Q: Why do many people complain that they are unable to cultivate themselves spiritually?

A: Those who cannot cultivate themselves spiritually have a strong lust. They only know that sexual desires will bring them happiness and satisfaction.

Psalm

*Greediness and sexual desires slow spiritual progress
and make spiritual cultivation difficult,
Those who eat and sleep until full are like blind people,
Their mind is not illuminated, and their heart does not
open,
Turning toward sexual desires, they procrastinate and
cause blindness to themselves.*

Monaco, 28 June 2000 11:05 AM

Q: *What will happen to those who are agitated and disorderly?*

A: Those who are disorderly will bear the adverse consequences in the future. They will advance toward craziness without being able to help themselves. The older they get, the more they will lose their mind.

Psalm

*Those with disorderly habits will have a blocked mind,
Stubborn and dull, they will follow this pattern on their
own,
Earthly relations with their darkness and ingratitude
will appear,
If they do not practice a spiritual method and correct
their mistakes, their mind will remain tortuous.*

Monaco, 29 June 2000 3:35 AM

Q: *Is the spiritual path infinite or limited?*

A: The spiritual path is infinite. The more we practice spiritual cultivation, the more progress we will make.

Psalm

*Practicing suffering and austerity, we will advance and
become Bodhisattvas,
Awakening our true consciousness, we will dissipate
sorrow on our own,
Seeing the increased value of spiritual opportunities
and earthly relations,
Let's practice with diligence and sincerity to surmount
obstacles with our spiritual heart.*

Monaco, 30 June 2000 3:15 AM

Q: *Why do love and respect not last?*

A: Love and respect do not last because humans have not truly suffered.

Psalm

*The foundation of love cannot last long,
They are worried, quarrel with each other, and become
sorrowful,
Attached to earthly relations, they are not resolute,
Sorrowful and agitated, they cause their own worries.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.