



# The Life Energy Development Weekly

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Email: [ledenglish@gmail.com](mailto:ledenglish@gmail.com)  
[www.vovinet.org](http://www.vovinet.org)

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Enthusiasm

Serving others with enthusiasm, we will attain a tranquil heart,  
Facing adversities and sufferings, we turn within to discuss on our own,  
Evolving and progressing through spiritual practice and spiritual  
awakening,  
We understand the original principle as our heart attains harmony.

*Vi Kien*

## Baby Tam Talking To You

*From 21 July 2000 to 27 July 2000*

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,  
Baby Tam

### **Questions**

- 1) *Does love reside within a serene place?*
- 2) *Is there any benefit when the energy of the universe supplies energy to the whole planet?*
- 3) *Why do we need to learn a new lesson everyday?*
- 4) *Does time mean order for the universe?*
- 5) *What should we do in order to attain flexibility within purity and lightness?*
- 6) *Why does a person who betrays others always continue to betray?*
- 7) *What will happen when one takes advantage of spiritual matters for earthly profits?*



**Karlovy Vary, 21 July 9:43 AM**

Q: Does love reside within a serene place?

A: Love usually resides in a serene place.

**Psalm**

*Our true consciousness appears in a serene place,  
Releasing intransigence and blinded passions, we do  
not feel annoyed,  
Our wisdom abounds in our spiritual awakening,  
Returning to our compassionate heart, we express  
respectful and wise thoughts.*

**Karlovy Vary, 22 July 2000 6:55 AM**

Q: Is there any benefit when the energy of the universe supplies energy to the whole planet?

A: The energy of the universe supplies energy to the whole planet so that everyone on earth may recover their innate abilities. Therefore, it is very useful.

**Psalm**

*Energy holds the whole planet earth, so that it may  
progress,  
The cycle of rebirth is eternal, and there is no need to  
worry,  
The sublime energy provides infinite guidance, so that  
we may return to our origin,  
The water (renal) energies are joined, so that we may  
evolve and ascend higher.*

**Karlovy Vary, 23 July 2000 7:30 AM**

Q: Why do we need to learn a new lesson everyday?

A: Everyday, we need to learn a new lesson to have an opportunity for evolution.

**Psalm**

*The energy shines and brings transformations  
everyday,  
Awakening our consciousness and devoted to spiritual  
cultivation, we appreciate the value on our own,  
With infinite flexibility, we change and renew  
ourselves,  
Let's take the good opportunity to practice within  
sincerity!*

**Karlovy Vary, 24 July 2000 7:20 AM**

Q: Does time mean order for the universe?

A: Time means order and progression, so that human beings can understand the universe.

**Psalm**

*The World Above spreads light without words,  
Rains and winds bring changes, but they also take a  
break,  
Order is established through the four seasons,  
It is most important to return to emptiness, so that we  
may understand Heaven.*

**Karlovy Vary, 25 July 2000 3:45 AM**

*Q: What should we do in order to attain flexibility within purity and lightness?*

*A: In order to attain flexibility within purity and lightness, we should regularly turn toward the World Above, and practice the silent invocation of Nam-Mo-A-Di-Da-Phat at our cranial psychic center. Only then will our flux of energy be able to communicate with the pure energy of the universe, so that we may evolve within flexibility.*

**Psalm**

*On our own, we evolve to attain flexibility within purity and lightness,  
Developing our heart and mind, we understand things near and afar,  
Our consciousness will become clear instantly,  
As our true soul attains clarity, we will analyze and reach harmony on our own.*

**Karlovy Vary, 26 July 2000 7:22 AM**

*Q: Why does a person who betrays others always continue to betray?*

*A: A person who betrays others always continues to betray because they have created a bad habit for themselves since many life existences.*

**Psalm**

*Humans on earth live like crazy people,  
Unable to finish their lessons, they turn to cheating,  
With an incomplete consciousness, they sow evil and cruelty,  
Ignorant and behaving like peasants, they wrongly believe to be smart.*

**Karlovy Vary, 27 July 2000 2:50 AM**

*Q: What will happen when one takes advantage of spiritual matters for earthly profits?*

*A: To devise plots to collect donations from others and to take advantage of others' names to become wealthy are a major sin. Eventually, these people will encounter an incurable disease and die.*

**Psalm**

*Those who take advantage of a spiritual name will bear losses,  
Greedy and agitated, they want to imitate others,  
Their heart becomes cruel because of rivalry and intransigence,  
Having difficulty to make progress and cultivate themselves spiritually, they live like weaklings.*



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking V6-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*