



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Clear Analysis

With a clear analysis, we practice and develop ourselves to progress
together,
With an abundant spiritual virtue, we will advance and surmount obstacles
on our own,
Unifying our human emotions, we advance equally with our mind and body,
Releasing our intransigence and discarding our blinded passions, we will
find joy everywhere.

Vi Kien

Baby Tam Talking To You

From 7 March 2002 to 13 March 2002

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Why do people always want to win?*
- 2) *Do wars and killings bring any benefit?*
- 3) *Does one gain any benefit from being a very sentimental person?*
- 4) *What will happen when a person lacks compassion?*
- 5) *How can humans awaken their spiritual consciousness?*
- 6) *What does it mean to return to the true origin through meditative knowledge?*
- 7) *How can people end their greediness?*



<p>1) Monaco, 7 March 2002 9:25 AM</p> <p>Q: <i>Why do people always want to win?</i></p> <p>A: People always want to win because their eyes look forward, while their wise mind looks for expansion.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With balance and harmony, we will advance and understand thoroughly on our own, With a wise mind and clear analysis, we will attain harmony on our own, Cultivating ourselves equally on the social and spiritual paths, we will advance in our practice, The whole universe will develop from close to afar.</i></p>
<p>2) Monaco, 8 March 2002, 3:10 AM</p> <p>Q: <i>Do wars and killings bring any benefit?</i></p> <p>A: Wars and killings have no material benefit. Wars only destroy both spiritual and material values.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Wars bring destruction everywhere, Minds and bodies go against the Divine Will, Causing sufferings to each other, our hearts are deeply touched, Sorrow and worries overshadow all matters everywhere.</i></p>
<p>3) Monaco, 9 March 2002, 3:15 AM</p> <p>Q: <i>Does one gain any benefit from being a very sentimental person?</i></p> <p>A: A very sentimental person can be duped easily.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>A very sentimental person can easily fall prey to blind passions, Lacking wisdom, they will not understand matters thoroughly, Without a strong faith, they can be cheated easily, Let's practice with diligence to avoid blinded passions.</i></p>
<p>4) Monaco, 10 March 2002, 3:55 AM</p> <p>Q: <i>What will happen when a person lacks compassion?</i></p> <p>A: A person who lacks compassion must bear the consequences of the law of karmic retribution.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Without a compassionate heart, it's difficult to dedicate oneself to spiritual perfection, With unsettling consequences, one causes one's own blindness, Entangling oneself, one is unable to progress, With a restless mind and spirit, one will suffer like a prisoner.</i></p>
<p>5) Monaco, 11 March 2002, 3:30 AM</p> <p>Q: <i>How can humans awaken their spiritual consciousness?</i></p> <p>A: The celestial mechanism has gone through constant transformations to remind humans to awaken their consciousness in a timely manner in accordance with the law of spontaneity and naturalness.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Transformations of the celestial mechanism will bring extreme suffering, There is no pardon for violence and cruelty, The law of cause and effect will manifest itself clearly, There is no pardon for those who refuse to awaken their spiritual consciousness on their own.</i></p>

6) Monaco, 12 March 2002, 6:30 AM

Q: What does it mean to return to the true origin through meditative knowledge?

A: In order to return to the true origin through meditative knowledge, we should practice the Vo-Vi method with continuity and great efforts. Then, we will achieve self-awakening and return to our true spiritual consciousness.

Psalm

*Let's practice with sincerity to return to the true origin through meditative knowledge,
Thanks to the original principle granted by the Lord,
we turn to purity on our own,
Cultivating ourselves equally on both social and spiritual paths, we advance toward the Truth,
Let's practice with diligence and sincerity to commune naturally with the Lord.*

7) Monaco, 13 March 2002, 7:05 AM

Q: How can people end their greediness?

A: To end our greediness, we must devote ourselves to spiritual cultivation with determination. When we build a good habit for ourselves, we will be able to abandon our own greediness.

Psalm

*Our greedy heart is tempted everywhere,
Let's practice to perfect ourselves spiritually and direct our mind toward Heaven,
Achieving infinite guidance for ourselves, we will all progress together,
Let's practice the dharma with diligence and perseverance to advance in a timely manner.*



Notes:

Translated by Xuan Mai (Hue-Mai).

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.