



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Mystical Union (Samadhi)

Entering the state of mystical union, we transcend ourselves and purify  
ourselves to evolve further,

With a serene heart, we enter the state of Samadhi and feel kinder,  
With a clear and wise mind, we'll encounter good spiritual opportunities,  
Thanks to the divine infinite guidance, we'll return to our origin and regain our  
tranquility.

*Vi Kien*

## Baby Tam Talking To You

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,  
Baby Tam

### **Questions**

- 1) *What motivates you to write all these questions and answers?*
- 2) *What is divine love?*
- 3) *How about human love?*
- 4) *How can we know that, "in death there is life"?*
- 5) *What does it mean that, "in life there is death"?*
- 6) *Why do people often fall into hatred and sorrow, which forces them to seek revenge?*
- 7) *Why are there many elderly who can't live in peace despite their old age?*



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*August 31, 1991*

1) Q: *What motivates you to write all these questions and answers?*

A: My thoughts are constantly directed toward all humans as well as God and the Buddhas. This gives me the opportunity to provide infinite guidance and purify energies through harmonization from one energy mechanism to another, and the progression is clearer everyday, in accordance with the evolution cycle. The Buddhas and the Immortals project their compassionate light, while the humans express wishes, which build a lively spiritual community. Blessed be the person who reads or hears the heartfelt thoughts and energetic words in the Journal by Baby Tám.

*August 31, 1991*

2) Q: *What is divine love?*

A: Divine love always shines in spite of the circumstances whether in danger, sorrow, or happiness. All spirits in this universe can experience and expand this love in their consciousness.

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*August 31, 1991*

3) Q: *How about human love?*

A: Human love develops according to each individual's spiritual level and karma. Thus, the minds who lack intelligence and who are prone to anger and intransigence, can never love uniformly and guide and save others like God does. Human love is subject to changes and is two-sided: In life there is death, in death there is life.

*August 31, 1991*

4) Q: *How can we know that "in death there is life"?*

A: We can experience it clearly within our body. When we eat, all the spirits are subject to death through the chewing process, but that death brings health to the body and abundant energy to the mind. With compassion, all the spirits have sacrificed themselves according to the law of eternal mutation and reproduction, and they are constantly reborn in the sphere of energy. From the simple act of eating, we become aware of the infinite and noble love of God. In death, there is life. If we know the orderly law of heaven and earth, we will never be afraid of death.

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*August 31, 1991*

5) Q: *What does it mean that "in life there is death"?*

A: "In life, there is death", means that everyone born in this world has experienced sentimental love, the desire to earn a lot of money, dreams of glory, and other ambitions. However, after periods of trials, these desires and passions will slowly subside depending on the individual's spiritual level and karma. Even the physical body must return to the earth. We see life now, but death is lurking behind it. A new life form will be taken depending on our karma. When we understand this principle, we will see both sides and we will understand the principle of birthlessness. Our consciousness will then accept to live in peace and full dedication in order to guide and save others, so that we may free ourselves from the circle of constant reincarnations.

September 1, 1991

6) Q: *Why do people often fall into hatred and sorrow, which forces them to seek revenge?*

A: People who have gone through many reincarnations, but whose consciousness is still not awakened, will remain entangled in darkness and agitation. Their understanding is limited and they are still governed by hatred and sorrow, which leads them to seek revenge, because their mind has not been able to come to peace with themselves. They just cling to grief and hatred as a means for survival. Consequently, they enter a world full of wickedness. Their soul becomes an evil spirit. Their consciousness is loaded with impure energy. As humans, they want to call themselves masters or leaders. As evil spirits, they want to be glorified and worshipped. They can never be independent and return to the true nothingness. This world is divided into two fractions. Both the pure and impure ones claim that they are enforcing justice. However, only a true spiritual adept has the opportunity to awaken and understand the principle of birthlessness, by practicing the dharma.

September 1, 1991

7) Q: *Why are there many elderly who can't live in peace despite their old age?*

A: Cause and effect always go together. When they enjoyed wealth and power, they didn't care about practicing charity. When entering the old age, they have to harvest the consequences of their previous deeds. Their power is gone. Sorrow is afflicting their heart and mind, leaving them no peace. Therefore, experienced people often remind others to be kindhearted and mend their ways.



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, which is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.