



# The Life Energy Development Weekly

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Email: [huemai00@gmail.com](mailto:huemai00@gmail.com)  
[www.vovinet.org](http://www.vovinet.org)

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Serenity

With serenity, the true soul will attain true knowledge,  
The pure mind brings spiritual awakening and elevates the soul,  
Understanding social and spiritual life clearly, there is neither sorrow nor self-  
pity,  
Developing our wise mind, we see our soul clearly.

*Vi Kien*

## Baby Tam Talking To You

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,  
Baby Tam

### **Questions**

- 1) *Why are there still spiritual adepts who like to criticize others with venomous words?*
- 2) *What should we do in order to follow the spiritual path correctly?*
- 3) *What does it mean, when the soul ascends to a higher level?*
- 4) *Who are all the living beings?*
- 5) *What should we do to form an association?*
- 6) *Certain people don't fully understand the work as well as the mission to serve all, and they are criticizing us. What should we do?*
- 7) *There are people who criticize without any facts, thus blaming God and the Buddhas. What should we do in this situation?*



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*September 4, 1991*

1) Q: *Why are there still spiritual adepts who like to criticize others with venomous words?*

A: A spiritual adept who still criticizes others with venomous words has not yet been able to release his karma of heart. He is still thinking about losing and winning.

*September 4, 1991*

2) Q: *What should we do in order to follow the spiritual path correctly?*

A: To follow the spiritual path correctly, one should hold one's tongue and practice patience and resignation. Only then will the soul ascend to a higher level.

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*September 4, 1991*

3) Q: *What does it mean, when the soul ascends to a higher level?*

A: When the soul ascends to a higher level, one is free from worries and no karma is tarnishing one's mind. Only then will the soul be able to leave the body in order to learn about spiritual perfection as established by God and the Buddhas. Therefore, the spiritual adept must abolish all his earthly desires and greediness with a firm will and keep advancing toward nothingness as his ultimate goal. He has to progress within calmness and serenity, and always act within purity and lightness, in order to spread a benevolent influence upon all living beings.

*September 4, 1991*

4) Q: *Who are all the living beings?*

A: They are all the spirits who live together on this planet. There is no discrimination even though they wrongly believe that the Buddhas discriminate them by calling them "all living beings". There is no difference between Buddha and living being, if one is willing to cultivate oneself on the spiritual path in order to harmonize with the principle of Oneness. Therefore, spiritual places are built for the benefit of all. They are built for everyone to worship and not dedicated to any group in particular. A spiritual adept searches for the Truth in order to share it with the common man, while the common man provides the material means to foster the Truth. Both contribute to the learning of the spiritual path. From all ages until now, kindhearted people have never stopped contributing to this meritorious work.

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*September 5, 1991*

5) Q: *What should we do to form an association?*

A: You have to first understand the goal of the association now and in the future before its foundation, regardless of the size of your spiritual group. For example, in the case of the VoVi Friendship Association, we must choose a president who respects God and the Buddhas, and who can harmonize with everyone. Only then will the association have an opportunity for growth, and everyone will be able to participate in the non-profit work for the benefit of all. The main thing is to look directly at the person's mind and his will to serve others. God, man, and work must all be in accord in order to bring peace and happiness to everyone.

12/10/2016

September 5, 1991

6) Q: *Certain people don't fully understand the work as well as the mission to serve all, and they are criticizing us. What should we do?*

A: You must listen patiently and provide ways that benefit all, in accordance with the mission to serve all.

September 5, 1991

7) Q: *There are people who criticize without any facts, thus blaming God and the Buddhas. What should we do in this situation?*

A: The President of the Association must take into consideration the contributions of each person and use that as a measurement for the sincerity of the criticizing person. Then everything will be resolved in a harmonious manner. At that time, the noble love feelings toward God and humanity will form the principle of wisdom and openness. The wheels of the chariot of Truth will always run smoothly, and there will no longer be bottlenecks in the volunteer work performed by the meditation practitioners.



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, which is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.