



The Life Energy Development Weekly

5 February 2017

Email: huemai00@gmail.com
www.vovinet.org

Published in concurrence with *The Viet LED Weekly 1126*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Return To Unity

*Returning to our true soul, we'll achieve unity,
Practicing with sincerity and diligence, we'll advance gradually,
Returning to our pure origin, we achieve unity and advance with one heart,
As our wisdom develops, with a sincere heart, we'll reach our position.*

Vi Kien

Re

Baby Tam Talking To You

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,
Baby Tam

Questions

- 1) *How about Sunday?*
- 2) *Would you like to say anything else today?*
- 3) *How can one develop oneself uniformly in a correct manner?*
- 4) *How can one achieve these results?*
- 5) *What should one do to become happy, harmonious, and orderly?*
- 6) *What should one do if one has too many debts?*
- 7) *Can't we use money to hide our wrongdoings?*



September 15, 1991

1) Q: *How about Sunday?*

A: Sunday is a day of rejoicing for my fellow practitioners and myself. Together we analyze questions about social life and spiritual life, so that we can turn our thoughts more toward spirituality.

September 15, 1991

2) Q: *Would you like to say anything else today?*

A: The natural flow of my writings serves to guide and awaken the human consciousness. After my meditation session, I feel that life is only temporary and full of illusions. However, humans still fall into blindness and intransigence without a way to escape. They struggle from one issue to the next, but eventually, everything returns to calmness. I used to say: *"In this world, no one is better than the other"*. I only know that each soul represents a capable entity in the universe. Spiritual practice is the only way for everyone to develop uniformly.

September 15, 1991

3) Q: *How can one develop oneself uniformly in a correct manner?*

A: One must develop both body and mind according to the principle of harmony between social life and spiritual life. The mind must advance toward the harmonization with purity and lightness, while the body must live within the pure and orderly energy from the universe. Only then will one achieve peace and happiness.

September 15, 1991

4) Q: *How can one achieve these results?*

A: The Practical Method of Vo-Vi Esoteric Science and Dharma of Buddha has always been available and is ready to serve anyone who needs it.

September 15, 1991

5) Q: *What should one do to become happy, harmonious, and orderly?*

A: On this earth, there is only one way. To perfect oneself spiritually by practicing meditation to reach serenity and achieve soul deliverance. Only through spiritual practice will one be able to develop the pure energy and release the impure energy in one's body. One's true nature will be regenerated with strength. One will be willing to correct one's mistakes in order to progress. One will delude oneself less and will advance silently. That's why I say that spiritual practice is invaluable.

September 15, 1991

6) Q: *What should one do if one has too many debts?*

A: Robbing others will never settle the debts. It will only worsen the situation. On the other hand, if one repents with sincerity, worries in one's heart will slowly disappear. The debts will be paid according to the principle of integrity: One will accept and repay the debts with honesty. To lead a spiritual life means to resolve the debts and karmas accumulated in the many preceding lives. For example, neither husband nor wife in this present life knows who was indebted to whom previously. They are tied to each other until death without settling their debts fully. No one can help us except ourselves. We must mend our ways and cultivate ourselves spiritually.

September 15, 1991

7) Q: *Can't we use money to hide our wrongdoings?*

A: Never, sin is sin and blessing is blessing. Only if one dedicates oneself fully to spiritual practice, then there will no longer be any sin, blessing, or karmic relations. Only with body and mind at peace can one settle all the debts of this life. Thus, during the meditative contemplation, one has to pay homage to Buddha with resoluteness to deserve salvation.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, which is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.