



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Serving Others

*Practicing together within love, we will advance and understand our spiritual
consciousness,
When our mind develops and our heart achieves wisdom, we will ascend
from low to high,
Determined to save ourselves, we will provide guidance to all spheres,
Learning and training ourselves with equanimity, our soul and astral body will
meet each other.
Vi Kien*

Baby Tam Talking To You

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,
Baby Tam

Questions

- 1) *Why is it hard to realize spiritual salvation when calling oneself an important person and claiming to truly hold a high position?*
- 2) *Are mediums who transmit scriptures helpful to mankind?*
- 3) *Why do all your writings encourage people to turn toward spirituality?*
- 4) *What should we do to form an association to improve physical health and increase spiritual awareness?*
- 5) *Do you want to leave us again?*
- 6) *What should we do to build harmony within our family?*
- 7) *Where does the seed of compassion come from?*



September 24, 1991

1) Q: *Why is it hard to realize spiritual salvation when calling oneself an important person and claiming to truly hold a high position?*

A: The compassionate light is nameless and everlasting. There is no need to claim a title and brag about one's high position, which means to make use of spirituality for worldly purposes. One will lose the supernatural ability to regenerate and attain enlightenment, which one's true nature can only accomplish in a natural and spontaneous way. Adhering to rules means that one must meditate correctly and keep cultivating and expanding one's compassionate energy tirelessly. If you follow this path, you'll never make mistakes. The Buddhas and Immortals also have to do the same. Only through meditative contemplation and soul projection can one have the opportunity to guide and save others. Telling lies and making all sorts of promises without spiritual practice only means holding to one's impure self.

September 24, 1991

2) Q: *Are mediums who transmit scriptures helpful to mankind?*

A: Yes, mediums are transmitting enlightened words to direct mankind toward compassion and benevolence, so that they can slowly awaken according to their superstitious belief. Only when all sentient beings in one's body are progressing uniformly, will one understand God's power of salvation on this earth. All rivers must eventually flow to the ocean. The Divine Ocean of Love is always ready to embrace all living beings. We just need to practice with perseverance to achieve spiritual enlightenment.

September 24, 1991

3) Q: *Why do all your writings encourage people to turn toward spirituality?*

A: Only spiritual practice can resolve all the unanswered problems that each human being must face on this earth.

September 24, 1991

4) Q: *What should we do to form an association to improve physical health and increase spiritual awareness?*

A: One must act according to the harmonious circumstances among Heaven, Earth, and Mankind. Then everything will be accomplished successfully. One should plan and organize according to the needs of modern civilization. One will see that the mind of a spiritual adept is always keeping pace with progress. Compassionate love is the true strength of a spiritual adept. In order to bring peace and happiness to mankind, each member must be ready to serve others selflessly and advance together with a strong faith in God and the Buddhas while developing his own innate skills and abilities.

5) Q: *Do you want to leave us again?*

A: Yes, I want to go home to rest and avoid the cold weather. I will come back by the end of November for a medical check-up. There, my health will improve faster with the ocean air. I will have to temporarily say good-bye to my dear friends.

My heart is deeply touched when I look back at the obstacles and lessons that I have learned from all aspects of life, i.e., love, money, and other worldly karmas, during these past 69 years in order to understand the principle of birth, growth, decay, death, and rebirth. We will understand our spiritual progression more clearly when we look at our face. Like trees in the forest, we must overcome the trials of the human body and participate endlessly in the evolution cycle.

Even though life is temporary, it is a very useful test ground for mankind. Everyone has to participate and leave this earth according to the karmic direction that he has chosen. Eventually, one has to awaken one's consciousness and understand that both heavenly law and earthly law are One. Only then will one achieve peace of mind, and neither be passionately attached to matters nor ignore them because of intransigence. Only when one's words and intellectual knowledge truly return to the principle of non-being, will one realize that all matters take root from the Void, and one will be able to eradicate all nonsensical thoughts of rivalry and fighting.

It is very fortunate for me as well as for my dear friends that my hands are not trembling at this age, so that I can write down my thoughts and communicate with your spiritual consciousness in a lively manner, while in deep union with the Lord and the Buddhas.

What a happy moment! How unexpected that we can gather again in an atmosphere filled with love and affection that no word can describe. We are united by our compassion. We direct our thoughts toward the sublime love of the Lord and the Buddhas. We understand clearly the principle of the Divine Ocean of Love that the Lord is granting us in order to live in peace and harmony. We live happily together without caring about fame and personal gains. Everyone has his own profession or special training. We all learn and progress together within the deep compassionate love of the Lord and the Buddhas. Every minute and second, we are touched by that Divine Love and progress according to the law of cause and effect. Our evolution path never stops, our heart keeps beating, and our consciousness is constantly filled with love and affection. As a group of people dedicated to the Vô-Vi practice, it is essential that we care for each other, protect each other, and help each other to become better.

I lost all my teeth, and then I got new teeth. This is a miracle of the Lord, and I am infinitely grateful for His Blessings. Thus, during this lifetime, I vow to practice and progress on the spiritual path with constant effort to pay back my deep gratitude toward all people, whether they are spiritually inclined or not, before I leave this precious body which has taught me numerous lessons.

I do not dare to be lazy. I accept to learn all lessons that a human has to learn during his temporary lifetime on this earth, so that I can gain some insight into the Truth of the Lord and the Buddhas. I learn from the agitated state to the freed and eternal state. I am very happy to write down these short and concise questions and answers, which capture the vibrations of the universe and the soul, so that my loved friends have an opportunity to relax in a sound way after the stressful moments of life. I will leave late Friday night. However, my mind is near you, even if my body is far away. I have written a short son for this occasion.

A Short Farewell

Our bodies are far away, but our minds are not far,

The Lord's noble Love never brings us apart,

Whether old or young, we all feel grateful,

Our love is lively, harmonious, and peaceful.

Young and old,

We'll all be reborn in the Happy Land of the Buddhas

Let's build a fine example together:

Let's lead a happy and noble life, loving all living beings

Let's lead a happy and noble life, loving all living beings

Let's lead a happy and noble life, loving all living beings

3/10/2017

September 25, 1991

6) Q: *What should we do to build harmony within our family?*

A: You should constantly try to foster the seed of compassion in the heart of each family member. Then, your family will be full of harmony. Mutual love will increase every day according to the Lord's will. You will stay united in good times and bad times, and you will always remain faithful to each other.

September 25, 1991

7) Q: *Where does the seed of compassion come from?*

A: You can grow that seed of compassion from any good side of a person. This compassion is dormant in everyone. It's also a means to cure all mental disorders. If everyone in a family knows each other's good sides, happiness will abound from everyone's virtuous conduct. The family will become a sacred temple of the universe, spreading more and more benevolence and happiness to the neighbors and friends every day. You are working on one task to ensure success in all your future tasks. On the other hand, if one criticizes the wrong sides of others, one will only create unnecessary hatred and revenge, and will reinforce the person's ego. The result will be lies and vicious conduct. The family atmosphere will be full of grief, and evil spirits can take advantage of this situation at any time! If one loses one's virtuous conduct, one will only harvest sorrow.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, which is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.