



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Peace

*Through self-awakening, we liberate ourselves and our spiritual
consciousness evolves accordingly,
Understanding Heaven and Earth, we have the fortunate opportunity to
practice and advance spiritually,
Learning with a calm heart, our mind is peaceful,
Awakening our consciousness on our own, we are void of sorrow and
worries.*

Vi Kien

Baby Tam Talking To You

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Why can people become cruel?*
- 2) *What should we do to get rid of our ego?*
- 3) *What do you mean by "helping others according to one's level of practice"?*
- 4) *Do you have a sacred mission? Why is everyone so happy and excited when you come to visit us?*
- 5) *What brings the most lasting happiness to a human being?*
- 6) *Ordinary people always wish that their predecessors endow them with the most precious heritage, but why does no one want to practice spirituality?*
- 7) *Why have you changed your departure time so suddenly?*



September 25, 1991

1) Q: *Why can people become cruel?*

A: Their ego is too big. They isolate themselves, both physically and spiritually. Pure energy or the parotid liquid is no longer flowing freely within their mental system. Thus, they will start harboring wicked thoughts, either to destroy themselves or to destroy others. They have no way to escape, and must go through the unending cycle of reincarnations within the ocean of sufferings either in the earthly world or in hell. They will fall into even deeper darkness, and they will lose the opportunity to develop their mind and spiritual consciousness.

September 25, 1991

2) Q: *What should we do to get rid of our ego?*

A: In order to get rid of your ego, you have to remain silent and turn within to discover the innate serenity in your inner consciousness. You have to drop all the shallow arguments, which come from the external world, and keep pure and serene thoughts by practicing the silent invocation of Nam Mô A Di Đà Phật. After 6 months, things will settle down, and your ego will slowly disappear completely. Your words and actions will also change according to the development of your pure thoughts. That's why I often say: *"The human mind is invaluable. It is a jewel of this modern world. With one's mind, one can help others according to one's level of practice and one's karmic disposition."*

September 25, 1991

3) Q: *What do you mean by "helping others according to one's level of practice"?*

A: It means that each of your steps is made in serenity and wisdom.

September 25, 1991

4) Q: *Do you have a sacred mission? Why is everyone so happy and excited when you come to visit us?*

A: When I come to visit you in person, all of you have the opportunity to see me and verify whether the evil rumors that circulate around me are true or not. You also have the opportunity to listen to pure and serene words filled with harmony, and every person feels reborn and happy, as if he is celebrating the Lunar New Year's festival. I have the most sacred mission, which is to improve myself both physically and spiritually, to progress in accordance with the evolution cycle, and to influence everyone, so that we will turn toward pureness and serenity, and awaken our consciousness to enjoy peace and understand the principle of birthlessness.

September 25, 1991

5) Q: *What brings the most lasting happiness to a human being?*

A: As a human being, accepting to perfect oneself on the spiritual path, and to progress both physically and spiritually brings the most lasting happiness!

September 26, 1991

6) Q: *Ordinary people always wish that their predecessors endow them with the most precious heritage, but why does no one want to practice spirituality?*

A: Everyone possesses innate abilities. However, people just want to understand spirituality to relax their minds. Thus, the Buddhas have left a rich treasure of wise scriptures on earth, but people just learn them by heart. It's rare that they try to understand the deep meaning of the teachings in order to improve themselves. On the other hand, people often slander others, or worry about others' affairs, such as family affairs among brothers and sisters. They worry excessively about each other, but this is leading nowhere. They forget that their partners have an intelligent mind, and are able to take care of themselves according to the natural and spontaneous principle.

Thus, religious scriptures always remind people to awaken themselves and to practice spiritual self-improvement. If we refuse to understand ourselves, no one will understand us. People are entangled into sentimental love, money, and other karmas, so that they have a chance to awaken their consciousness. However, they don't realize this opportunity for self-awakening. Instead, they falsely believe that others must take care of them, and they become increasingly dependent. For this reason, when the Immortals manifest themselves through mediums to transmit enlightened words, they often blame people for their sluggishness and their low desire for spiritual perfection.

September 26, 1991

7) Q: *Why have you changed your departure time so suddenly?*

A: I am living within the protective arms of Divine Love. Thus, I must follow the most opportune karmic direction. Ordinary people cannot comprehend the Lord's plans. The decision to stay or to go depends on the lively vibrations of compassionate love. Since I follow the principle of birthlessness, I no longer need to think about life or death. I go to help others. I go to bring peace and wisdom to all beings at all levels. This work requires the harmonization with the original principle in a delicate and supreme way.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, which is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.