



# The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

## Stability

*Harmonizing with Heaven and Earth, we achieve tranquility,  
Our body evolves and progresses without agitation,  
Loving and respecting ourselves, we sow good seeds on our own,  
The original principle of earthly life and spirituality shines constantly and  
enlightens our mind.*

*Vi Kien*

## Baby Tam Talking To You

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,  
Baby Tam

### Questions

- 1) *Why have you changed your departure time so suddenly?*
- 2) *What does "harmonization in a supreme way" mean?*
- 3) *Can you explain what "the World Above is conveying to them for self-awakening"?*
- 4) *What does it mean to "help others"?*
- 5) *Do the Lord, the Buddhas, and the Immortals help you?*
- 6) *How are they helping you?*
- 7) *When did you safely arrive?*



*September 26, 1991*

1) Q: *Why have you changed your departure time so suddenly?*

A: I am living within the protective arms of Divine Love. Thus, I must follow the most opportune karmic direction. Ordinary people cannot comprehend the Lord's plans. The decision to stay or to go depends on the lively vibrations of compassionate love. Since I follow the principle of birthlessness, I no longer need to think about life or death. I go to help others. I go to bring peace and wisdom to all beings at all levels. This work requires the harmonization with the original principle in a delicate and supreme way.

*September 26, 1991*

2) Q: *What does "harmonization in a supreme way" mean?*

A: It means that things are realized without discussion. It is what the soul has to achieve in its evolution. This harmonization is always very animated and constantly generates lively vibrations. It is also the Light of Compassionate Love, which follows the principle of birthlessness. Thus, I always advise ordinary people to meditate many hours in a day, so that they can fully commune with the Compassionate Energy and the principle of birthlessness, that the World Above is conveying to them for self-awakening.

*September 26, 1991*

3) Q: *Can you explain what "the World Above is conveying to them for self-awakening"?*

A: The Compassionate Energy of the Buddhas is shining directly into the true heart of the spiritual adept. One understands without the need to learn. One accomplishes things without the need to worry. One will keep advancing toward infinity and constantly helping others.

*September 26, 1991*

4) Q: *What does it mean to "help others"?*

A: One is always pure and wise. One's compassionate energy is radiating in all directions and helping everywhere. On this earth, light comes from light bulbs. In Heaven, there is only one light, i.e., the Light of Compassionate Love.

*September 26, 1991*

5) Q: *Do the Lord, the Buddhas, and the Immortals help you?*

A: If these Venerable Beings don't help me, I won't have the opportunity to communicate with you face-to-face today.

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September 26, 1991

6) Q: *How are they helping you?*

A: They always send their Compassionate Energy to me, whenever I think about them. It means that my spiritual mind must always be enlightened in order to receive their subtle vibrations.

September 27, 1991

7) Q: *When did you safely arrive?*

A: I arrived safely at 11pm, in the night of the 26<sup>th</sup> of September, 1991. Everything went perfectly. I sincerely thank the Venerable Invisible Beings for their help.



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, which is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.