



# The Life Energy Development Weekly

7 May 2017

Email: [huemai00@gmail.com](mailto:huemai00@gmail.com)  
[www.vovinet.org](http://www.vovinet.org)

Published in concurrence with *The Viet LED Weekly 1139*

*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## **True Love**

*With true love, we will evolve until infinity,  
Through spiritual training, we will transform our consciousness to advance  
further,  
As we develop our mind and our heart attains peace, we will have the  
fortunate opportunity for infinite guidance,  
Let's practice with diligence and great efforts to achieve success with the  
dharma.*

*Vi Kien*

## **Baby Tam Talking To You**

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,  
Baby Tam

### **Questions**

- 1) *What should we do to achieve Baby Tám's tranquility?*
- 2) *What is that readily available Dharma?*
- 3) *The more we talk with Baby Tám, the more affection we feel. Why?*
- 4) *What is meritorious work?*
- 5) *What is Christianity?*
- 6) *What is Buddhism?*
- 7) *What about the other religions?*



*October 2, 1991*

1) Q: *What should we do to achieve Baby Tám's tranquility?*

A: You must work hard to attain self-accomplishment. The Dharma of Heaven is readily available. It's up to your consciousness to accept it for spiritual advancement. Spiritual progress also depends on each person's karma and his will for self-improvement.

*October 2, 1991*

2) Q: *What is that readily available Dharma?*

A: It's the Practical Method of Vo-Vi Esoteric Science and Dharma of Buddha. You must read the detailed instructions carefully and practice correctly every day to perfect both your body and mind.

---

*October 2, 1991*

3) Q: *The more we talk with Baby Tám, the more affection we feel. Why?*

A: The more you talk with me, the more you appreciate my accomplishments and my continuous contributions. Thus, I often say that doing meritorious work is never wasteful.

*October 2, 1991*

4) Q: *What is meritorious work?*

A: It is work for the common good without calculation to win love or money. Everything is done in a lively manner in accordance with the natural and spontaneous principle.

---

*October 3, 1991*

5) Q: *What is Christianity?*

A: A Christian is a person who receives the clear teachings of the Christ with an altruist heart. Thus, a Christian must always think about the benefit of all with a sincere and altruist heart.

---

October 3, 1991

6) Q: *What is Buddhism?*

A: A Buddhist is a person whose mind is directed toward benevolence. Thus, his body and mind are unburdened. He receives the compassionate teachings of Buddha through the sacred scriptures. He analyzes the teachings and purifies his mind to achieve righteousness. He repents his past mistakes. He abandons gossiping, and does not discriminate due to forms and colors. He only holds on to his consciousness to improve himself through spiritual practice.

October 3, 1991

7) Q: *What about the other religions?*

A: All religions follow the principle of Compassionate Love. Only if people open up their consciousness through the spiritual method, will they adopt the method for further spiritual cultivation. In general, all spiritual methods come from Heaven. Every person has a karmic affinity with a particular dharma. No one can force the other. Awakening depends on the individual's consciousness. Spiritual practice depends on his karmic situation. The law of divine justice is always lively and in action. One who holds prejudices against a religion is committing a major sin. He will only alienate himself, and dissipate the Divine Love. He will fall into loneliness and no longer enjoy God's blessings.



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, which is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.