



The Life Energy Development Weekly

25 June 2017

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Published in concurrence with *The Viet LED Weekly 1146*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Serenity

*Attaining peace and serenity, we'll return to our unique origin,
Understanding both social and spiritual matters thoroughly, we'll advance gradually,
Preserving our three jewels, we practice sincerely to release our impurities,
Evolving continuously, we abandon our passions and delusions with our own efforts.*

Vi Kien

Baby Tam Talking To You

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,
Baby Tam

Questions

- 1) *What about the words of God and the Buddhas?*
- 2) *What do you think about the people who acclaimed someone else to be their Master?*
- 3) *Why are ordinary people so wicked? They always want success for themselves but failure for others!*
- 4) *Why do you think more intently about your fellow practitioners lately?*
- 5) *Do you think about the people who betray or slander you?*
- 6) *According to you, there is no need for any competition. How can one live then?*
- 7) *Do you follow strict rules for your life?*



October 16, 1991

1) Q: What about the words of God and the Buddhas?

A: The words of God and the Buddhas are filled with compassion. The compassionate energy purifies the mind of the spiritual adept and helps him realize self-awakening. The aura of God and the Buddhas shines even brighter every day to guide and save all living beings. There is neither discrimination nor intransigence and infatuation, which lead nowhere. There is neither criticism nor praise. Self-awakening is essential. The light of compassion shines equally on the infatuated and the intransigent. A person who accepts to repent his mistakes and turns toward the compassionate energy of the Buddhas will receive infinite spiritual guidance. He will enlighten his consciousness and see his character in order to perfect himself spiritually.

October 16, 1991

2) Q: What do you think about the people who acclaimed someone else to be their Master?

A: When you love and respect someone, and wish to call him your Teacher or Master, it means that your own seed of compassion has awakened and is developing. For that reason, it is important to be faithful to this love and trust. You should elevate your thoughts toward God and keep cultivating yourself spiritually during your whole life. You should not compare whether a person is worthy or unworthy to be your Master. You will never feel lonely if your mind is always directed toward God, and if you persevere on the spiritual path. Feelings of love and respect foster the virtue of compassion. Otherwise, if you close the door of compassion, you will become lonely and restless. Your inner mental order will be disturbed, and you will cause suffering to yourself without knowing it. As a result, no one will listen to you when you preach to him or her.

If you want to guide and save others, your mind must be peaceful and serene. Your aura must shine brilliantly when you practice the meditative contemplation. Your consciousness of tolerance and harmony must develop fully. Only then will you have the strength of the Dharma to guide and save others on earth.

October 17, 1991

3) Q: *Why are ordinary people so wicked? They always want success for themselves but failure for others!*

A: Desires, which remain unsatisfied for a long period of time turn into wicked thoughts. Everything takes root from a greedy heart. Therefore, we see many different political regimes on earth, but none of them are successful. All regimes carry the unfulfilled dream of their people to have more and be better off than the others.

People want to have an easy life without working. They do not hesitate to manifest for a cause if they are given the opportunity. They don't know who they are. They either wait to be engulfed into external circumstances, or use external circumstances to spread rebellion in others' minds. They keep staying in that vicious cycle, but wrongly believe that they are right. They refuse to see their mistakes and repent their wrongdoings, so that their awakened consciousness can progress in accordance with the original principle of non-birth. Illness is a form of conflict in their inner consciousness, so that they can realize self-awakening. However, they ignore this fact, and blame the external circumstances. They refuse to judge themselves. Their nervous system is never at peace. Their inner mental order is upset and restless. They don't understand the Divine Law of spiritual progression. After numerous complaints, they eventually leave this earth with no money left and with an agitated mind. They only become a burden for their neighbors.

On the other hand, if people agree to follow the exercises of the Practical Method of the Vo-Vi Esoteric Science and Dharma of Buddha, they will develop their consciousness every night, so that it slowly regains its equilibrium. They will restore peace to their inner mental order, and be less attracted by the external world. They will reach self-awakening more easily, and keep nurturing the will for soul liberation. Their thoughts will be directed toward their true origin of non-birth. Their consciousness of tolerance and harmony will develop naturally. Their virtue of patience and resignation will grow steadily. They will no longer be limited by space and time. They will be able to control the flow of their energy to enter a serene state for soul projection and further their spiritual progression. Their spiritual journey will always be lively, and there will be no more intransigence and infatuation. With an awakened consciousness, they will practice the righteous dharma with diligence.

October 18, 1991

4) Q: *Why do you think more intently about your fellow practitioners lately?*

A: I always love and respect the spiritual merit and efforts of my fellow practitioners. After the meditation session, I feel that I am living happily with everyone, and we are all advancing together on the spiritual path.

October 18, 1991

5) Q: *Do you think about the people who betray or slander you?*

A: I have a great respect for them. These critical personages are all my teachers. Thanks to them, I advance toward a greater serenity every day. From the bottom of my heart, I am always grateful for their education. One must be tested by many teachers during one's lifetime. The virtue of patience and resignation can only blossom through difficult tests, so that the soul may elevate further. Many people think that I am a man who says yes to everything, but in reality, these lessons promote a higher level of spiritual cultivation and accelerate the development of the consciousness of tolerance and harmony.

6/24/2017

October 18, 1991

6) Q: *According to you, there is no need for any competition. How can one live then?*

A: Life is not made of competition. One will only truly live an eternal life with a well-developed consciousness of tolerance and harmony. This energy of compassion will always give a clear answer to any examination.

October 18, 1991

7) Q: *Do you follow strict rules for your life?*

A: My strict rules consist of constantly directing my thoughts toward God and the Buddhas. Whether I walk, stand or sit down, I always apply the strict rules of elevating my thoughts toward the path of soul deliverance. Therefore, my head is different from the head of an ordinary person. The energy on my head is always round and full. I feel that my head is bright, big, and closely connected to the universe. Hence, I cannot harbor any unrighteous thoughts in my mind. I believe that everyone has the opportunity to advance like me. Your consciousness will be able to communicate like me if you practice the Vo-Vi method correctly.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, which is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.