



The Life Energy Development Weekly

13 August 2017

Email: huemai00@gmail.com
www.vovinet.org

Published in concurrence with The Viet LED Weekly 1153

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Facing Obstacles

*Facing our karmic relations, we practice with a sincere heart to evolve spiritually,
When our consciousness awakens, we are not polluted by impurities,
Saving our mind and body, we surmount adversities,
Returning to serenity and spiritual energy, we regain inner peace.
Vi Kien*

Baby Tam Talking To You

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What happens when there are people who want to be at your side in order to cultivate themselves spiritually?*
- 2) *What causes the formation of storms and tornadoes?*
- 3) *What is karmic debt?*
- 4) *Do we need to embrace sad happenings of other people and try to care for them?*
- 5) *Why are antiques sold at high prices on this earth?*
- 6) *Today, the heavenly air is pure and light, and the ocean is calm. Do you feel happy then?*
- 7) *You said that you would come here to rest. However, you work even more than at other places. Why?*



October 31, 1991

1) Q: *What happens when there are people who want to be at your side in order to cultivate themselves spiritually?*

A: If these people want to be at my side, it means that they are conscious of their spiritual heart, and already have a karmic opportunity with the Practical Method of Vo-Vi Esoteric Science and Dharma of Buddha. They should study the dharma carefully and practice the dharma correctly, so that they will have the opportunity to meet me in the future. There is no need to be close at my side. If they practice the dharma correctly, they will become lighter and purer every day. When they have set aside their ego, their consciousness of harmony will develop. They will no longer feel afar from the true teachings of spiritual practice. In conclusion, all depends on the spiritual consciousness of the adept. To practice the Vo-Vi dharma correctly means that one will restore one's inner mental order and regenerate oneself. At the moment of death, one will close one's eyes without feeling aimless. Therefore, I advise everyone to practice the method a lot, instead of talking a lot without practice. If you love me, you should love yourself and your own spiritual consciousness. Then, you will have the opportunity to advance spiritually. When you no longer cheat yourself, you will distinguish black and white clearly. You will clearly see the opportunities offered by Heaven, and choose the path of self-awakening. At that time, you clearly see that we come on this earth to learn and to evolve. We accept to die before dying, i.e., we will leave our body without any attachment. The law is very clear and just. Each cause has its corresponding effect without error. The Divine Law exists before human law. We should return to our nature of naturalness and spontaneity, and release our intransigence, blind passions and agitation. Then everything will happen in a peaceful manner.

October 31, 1991

2) Q: *What causes the formation of storms and tornadoes?*

A: The formation of storms and tornadoes is due to the transformations at the center of energy of the universe in accordance with the karma of all living beings. They serve several purposes, as warnings, salvations and punishments. Only through the practice of meditation will one attain serenity and understand the transformations of the celestial mechanism. One will turn within to cultivate oneself spiritually and to advance by one's own efforts. One does not claim the position of a Master to make predictions and bring misfortune to oneself and others.

November 1, 1991

3) Q: *What is karmic debt?*

A: Karmic debt means to embrace whatever happens to oneself and transform these events into tumultuous ones. One would become worried, and would have difficulty to eat and to sleep. One would become agitated in all aspects, and one would become mentally ill without knowing it. Therefore, I have advised common people to leave gossips out of their ears, and not to pay attention to them. In addition, if they have busy matters in their present life, they should try to resolve them, and they should try to advance toward serenity the sooner the better. They should not embrace in their heart any issue. *"Whether it is a good or bad issue in one's heart, everything will return to order after the noise and disruption."* One should not pay attention to them, which will only cause grief and unnecessary worries in one's heart. It is essential to keep a serene heart.

November 1, 1991

4) Q: *Do we need to embrace sad happenings of other people and try to care for them?*

A: Whatever happens to anyone comes from the law of cause and effect for that person. There is no need to embrace their problems and to try to take care of them. Eventually, that person has to resolve his own problems. All matters will be resolved eventually. All issues arise in a natural way, and will be resolved in a natural way. Eventually, the karmic debts will be explained clearly. Therefore, stories, which occurred thousands of years ago, also lie within the same original principle of spiritual awakening, like the present ones.

November 1, 1991

5) Q: *Why are antiques sold at high prices on this earth?*

A: Antiques have value because there are people who spent efforts to keep them for many months and years. Their price depends on the likes of the buyer. On the other hand, during periods of upheavals, one will only use one's eyes to look at them, even if the objects are thousand years old, because there is no one who has the leisure to preserve them. In summary, one should preserve one's spiritual heart; one should take care of one's own life, which is the most lasting object in the life of a human. A spiritual adept must know how to take care of the residence of his true consciousness, which is a place of purity and lightness and the only place, which will persist. When we speak of the spiritual heart, we should be free of calculations. Those who calculate will lose their spiritual heart. Common people would call such events as fortunate meetings and miraculous solutions depending on the circumstances. For spiritual people, they are the expression of the true heart, which harmonizes within joy with the original principle.

November 2, 1991

6) Q: *Today, the heavenly air is pure and light, and the ocean is calm. Do you feel happy then?*

A: I am already happy when my Vô-Vi friends turn their spiritual heart toward me. In addition, the heavenly air is light and pure, and my consciousness is rejoicing and harmonizing with the whole universe. I feel very happy and peaceful. I enter the state of meditative contemplation with a light heart without the slightest worry. I don't have any other words, but I truly love all living beings very deeply.

October 30, 1991

7) Q: *You said that you would come here to rest. However, you work even more than at other places. Why?*

A: As my health is more abundant here than at other places, I try to contribute each day as it goes. A Vô-Vi practitioner does not have the right to avoid difficult tasks and look for easy tasks. One should maintain a consciousness of selfless service and always try to do the utmost.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, which is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
