



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Intuitive Knowledge

*Developing our insight, we acquire greater wisdom,
With a serene mind, purity and integrity, we dissipate our blinded passions,
Loving and respecting all creatures living together,
We develop ourselves spiritually and are clearly aware of the Creator.
Vi Kien*

Baby Tam Talking To You

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,
Baby Tam

Questions

- 1) *Are you not afraid of high blood pressure?*
- 2) *What is the meaning that the soul must keep evolving further?*
- 3) *At 2 PM today, you will have a conference call with many places at one time. Did you prepare any lectures in advance?*
- 4) *After the lively and emotional discussions, everyone feels peaceful and happy, and more dedicated to practice meditation with diligence. Why?*
- 5) *What does it mean to achieve intuitive knowledge within serenity?*
- 6) *Why does one feel tired and sleepy after meditation?*
- 7) *What should one eat in order to maintain order?*



November 2, 1991

1) Q: *Are you not afraid of high blood pressure?*

A: Whether one's blood pressure is high or low, one must eventually encounter death, before the soul leaves this earth with determination, in order to continue serving others and keep learning about spirituality.

November 2, 1991

2) Q: *What is the meaning that the soul must keep evolving further?*

A: There is a very significant meaning. The soul will elevate higher and advance toward the sphere of purity and lightness. It will no longer enter a human body to evolve in the sphere of impurity, blind passions and errors. One's true consciousness will open up and develops in accordance with the complete serenity and wisdom attained by the true consciousness of one's soul.

November 3, 1991

3) Q: *At 2 PM today, you will have a conference call with many places at one time. Did you prepare any lectures in advance?*

A: During all my years of spiritual training, I have never prepared before talking. I would help people in their spiritual practice in accordance with their karmic opportunity. I speak in accordance with the needs of knowledge from these places. As I am fully determined to follow the spiritual path, my consciousness is always able to harmonize with all souls who aspire toward spiritual progress.

November 4, 1991

4) Q: *After the lively and emotional discussions, everyone feels peaceful and happy, and more dedicated to practice meditation with diligence. Why?*

A: When everyone's aura is directed toward the World Above, and everyone wishes to attain soul deliverance, their auras will add to my own compassionate light, so that the energies would harmonize, and I would elevate everyone's spiritual energy during the sacred moment. The souls of advanced practitioners will feel a strong pull of energy, while the beginners will feel joy. This proves that the souls engaged into spiritual perfection and self-progress can always harmonize to return to oneness. Through our phone conversation, everyone feels closer to each other; they comprehend each other better and wish to be reunited. This is also an opportunity granted by the Lord to provide us with His spiritual guidance. With the current technological advances, we can prove that only those who direct their mind toward the noble World Above would have the opportunity to be reunited. Our voices have echoed and the energy vibrations are sent from the earth to the satellites in the universe to return into the consciousness of every person within the blink of an eye. This also proves that the vibrations of compassionate energy of the brains are even lighter if one accepts to dedicate oneself to spiritual perfection.

Psalm

*The super-consciousness of the universe is truly magical,
Knowing ourselves, knowing others, we all know each other,
With a light and serene mind and body, we return to our true consciousness,
The beautiful scenery granted by the Lord is truly magical.*

8/19/2017

November 5, 1991

5) Q: *What does it mean to achieve intuitive knowledge within serenity?*

A: It means that one has never thought of the matter before, but after the meditation session, one would perceive benevolent words and thoughts in one's consciousness. It means that one has achieved this intuitive knowledge through the compassionate energy and the benevolence of the Buddhas and the Immortals who have bestowed their grace upon us during the moment of meditative contemplation.

November 5, 1991

6) Q: *Why does one feel tired and sleepy after meditation?*

A: If during the day, one does not eat in an orderly manner and collects evil thoughts, one will only harvest agitation, blinded passions and carnal desires as a result.

November 5, 1991

7) Q: *What should one eat in order to maintain order?*

A: Before eating, one should think about the digestive system. When one chews slowly, and eats digestible foods, one will not burden one's digestive system and become tired after eating meals that satisfy one's palate. When the digestive system works lightly, the energy of the brains will become lighter, and one will be able to perceive the intuitive knowledge in one's soul.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, which is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.