



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

The Universe

*By analyzing the universe and practicing, we will understand the spiritual path thoroughly,
Developing our spiritual faith, we fulfill our own hopes,
Loving and respecting the noble Lord, we unify our energies,
Working sincerely and positively, we will reach higher spheres with our practice.*

Vi Kien

Baby Tam Talking To You

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,
Baby Tam

Questions

- 1) *Today you write very short pieces. Are you tired?*
- 2) *Is the scenery at the middle sphere of heaven beautiful?*
- 3) *If senior people are willing to contribute for the service of others, will they gain any benefit for their souls?*
- 4) *Why do worldly people like to think that the grass is always greener on the other side of the fence?*
- 5) *Why are there people who like to listen to your teachings at the previous conference call, and others who are afraid of spending their money?*
- 6) *What if there are people who don't like it?*
- 7) *You have dedicated your whole heart in serving others, but why do people still either praise or condemn your work?*



November 5, 1991

1) Q: *Today you write very short pieces. Are you tired?*

A: I have already answered three letters before starting the Journal of Baby Tam today. The words of truth are neither long nor short, but if one feels their completeness after reading, then they were beneficial.

Psalm

*The words of truth are completely round and last forever,
People rejoice when they understand in a timely manner to evolve higher,
Earning our living, we all live together under the same roof,
Let's practice with diligence to advance further and understand within sincerity,
Let's detach ourselves from words and thoughts to return to emptiness,
Returning to serenity, we cultivate ourselves spiritually on our own with determination,
Understanding Heaven and Buddha, we dissipate our blindness,
Abandoning all agitation, we keep rectifying ourselves tirelessly.*

November 6, 1991

2) Q: *Is the scenery at the middle sphere of heaven beautiful?*

A: The scenery at the middle sphere of heaven is very orderly. I have never seen any tree growing in a crooked way. Each of them has its own color and harmonizing shade, and they all stand in a peaceful way. Therefore, when a spiritual adept arrives at this sphere and returns to earth, he always wishes that humans should all respect themselves, and avoid lying and cheating, and that we should live within sincerity. In this way, we would apply the order of Heaven and Earth, and we will be able to cultivate ourselves spiritually with great ease. This is also the stringent law of evolution of the spiritual path. To be sincere and orderly will give us the opportunity to release our profane heart and avoid the agitated attractions of the dusty earthly world.

November 6, 1991

3) Q: *If senior people are willing to contribute for the service of others, will they gain any benefit for their souls?*

A: On this earth, it is most laudable if senior people are willing to share the experiences they have gained for the service of others. In the future, their souls will be able to enjoy the sphere of purity and lightness. Therefore, I often said, *“let’s cultivate ourselves spiritually in this lifetime to enjoy the merit in the next lifetime”*. When one helps others, one will increase one’s virtue of altruism, one’s benevolence will expand, and one’s compassionate energy will flow abundantly. When we sit next to someone with a benevolent heart willing to help others, we feel pure and light, and at ease. On the other hand, when we meet someone who is rude, discourteous, and angry, we will automatically feel the heaviness and discomfort. Therefore, when we write words of goodness to leave on earth, we always wish that humans would have the opportunity to awaken themselves and perfect themselves spiritually. These words aim at benefiting those who practice thoroughly, not the writer himself.

Psalm:

*In the great universe, we all follow and progress together,
Understanding our true soul, we will release our sorrows,
Our lively nature is now exposed within liveliness,
Let’s perfect ourselves spiritually to progress together and attain calmness in our hearts.*

November 7, 1991

4) Q: *Why do worldly people like to think that the grass is always greener on the other side of the fence?*

A: This is the law of competition when people turn outward and are led by their eyes, nose, ears, mouth, body, and thoughts. After many days, they wrongly believe that this is the truth, and they would follow the pattern of fighting and competing without any gains. They will lose their souls and waste their bodies, and won’t be able to clearly distinguish between the good and the bad. When departing this earth, their souls will err aimlessly and they would have to suffer many years before being able to be reborn to a lesser extent.

November 7, 1991

5) Q: *Why are there people who like to listen to your teachings at the previous conference call, and others who are afraid of spending their money?*

A: Every person has the right to practice the virtue they like. There are people who like money, so they would lose their spiritual consciousness. Others like their spiritual consciousness, and would lose money. The two virtues are different, one side holds on, while the other side opens up. There is no reason to criticize the lively and useful words of truth at a conference call, which also helps people to understand the technological advances and brings encouragement in their heart, for fear of losing a little bit of money.

8/26/2017

November 7, 1991

6) Q: *What if there are people who don't like it?*

A: Those who don't like it have the right to close their ears. However, they should not criticize and cause others to lose the opportunity to enjoy the spiritual connection during the sacred moment of Divine Grace for the benefit of all.

November 7, 1991

7) Q: *You have dedicated your whole heart in serving others, but why do people still either praise or condemn your work?*

A: As I have said before: "Every person has a different potential". A spiritual adept should keep a serene heart and maintain his equilibrium.

Psalm:

*As the divine grace shines on our soul, we understand the spiritual journey clearly,
The more we comprehend the original principle, the more wisdom we will gain,
We will receive the heavenly energy granted by the Lord depending on our consciousness,
Those with a strong faith will fully enjoy and understand the dharma.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, which is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
