



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Treachery

*By treason, we will harm ourselves and encounter suffering and misfortune,  
We will have difficulty in practicing the silent mantra Nam-Mo and perfecting ourselves  
spiritually,  
Returning to the old path of defilement, our heart will suffer,  
Unable to escape spiritually because of our agitation, we will create our own grave.*

*Vi Kien*

## Baby Tam Talking To You

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,  
Baby Tam

### Questions

- 1) *Technology is providing and in the process of studying better means for humans to communicate directly with each other through the spiritual vibrations, but why are there people who value money more than these precious efforts?*
- 2) *Why do you keep reminding these people who lack the spiritual merit?*
- 3) *Will there be another conference call next time?*
- 4) *Why don't you give lengthy lectures?*
- 5) *Why do people want to practice more diligently after reading the Journal of Baby Tăm?*
- 6) *Why are there sections difficult to comprehend for many people?*
- 7) *Is it correct that we are also learning when we meditate?*



November 8, 1991

1) Q: *Technology is providing and in the process of studying better means for humans to communicate directly with each other through the spiritual vibrations, but why are there people who value money more than these precious efforts?*

A: These people have a very low level of spiritual insight. Therefore, they only see money as the most important and forget the valuable efforts that everyone is making and the sacredness of the soul. Their consciousness has changed and they become disrespectful, critical and demanding, and they would imprison themselves in the narrow corner of money. They would lose the love of all.

November 8, 1991

2) Q: *Why do you keep reminding these people who lack the spiritual merit?*

A: I feel pity for their souls, which are authoritarian and aimless. They will only harm themselves unknowingly.

November 8, 1991

3) Q: *Will there be another conference call next time?*

A: It depends on the needs of Vo-Vi practitioners everywhere. I am always ready to serve.

November 8, 1991

4) Q: *Why don't you give lengthy lectures?*

A: I give people the opportunity to ask questions, so that they can see their potential better. When I answer, I also explain each point clearly, and they will be able to understand more.

*Psalm:*

*Listening to the explanations of spiritual matters, we will surmount obstacles to progress further,  
The pure sound brings relief incessantly and clearly,  
Helping those who suffer to receive the divine blessings,  
Turning toward benevolence, we practice and feel a deep peace.*

November 9, 1991

5) Q: *Why do people want to practice more diligently after reading the Journal of Baby Tám?*

A: People receive the explanations, which touch their souls directly. At the same time, they feel the progress of their inner consciousness, and the Journal of Baby Tám will accompany them in all domains of evolution of their souls, as they develop their understanding.

9/2/2017

November 9, 1991

6) Q: *Why are there sections difficult to comprehend for many people?*

A: Those who have difficulty to comprehend still have a weak level of meditation, or they may have absorbed the simplified Western style of literature. They need to meditate for a certain time, until the energy of their brains is focused. At that time, they will speak in concise terms and will be able to understand more easily.

November 9, 1991

8) Q: *Is it correct that we are also learning when we meditate?*

A: Yes, this is correct. When the spiritual adept meditates and enters the state of meditative contemplation, their spiritual energy will elevate to a purer and faster level, and they will be able to learn many original principles on both social and spiritual planes. They will develop their consciousness in that manner.



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, which is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.

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